

Party Of One

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: Maggie Gallagher (UK)
音樂: Party of One - Trick Pony



POINT, TURN, TOUCH, HOLD, & KICK & TOUCH & HEEL, HOLD

1-2 Point right toe to side, turn ½ right on ball of left stepping right together
3-4 Touch left toe forward, hold
&5 Step left next to right, kick right forward
&6 Step right next to left, touch left toe next to right
&7-8 Step left next to right, touch right heel forward, hold

& STEP, ½ PIVOT, STEP, ¼ PIVOT, CROSS, SIDE, FULL TURN

&9-10 Step right next to left, step forward on left, pivot ½ turn right
11-12 Step forward on left, pivot ¼ turn right
13-14 Cross step left over right, step right to side
15 Turn ½ left on ball of right as you step left to side
16 Turn ½ left on ball of left as you step right to side

You will travel slightly to the right as you execute steps 13,14,15,16

POINT & POINT, HOLD, HOLD, & SIDE, HOLD, & SIDE, HOLD

17&18 Point left toe to side, step left next to right, point right toe to side
19-20 Hold, hold
&21-22 Step right next to left, step left to side, hold
&23-24 Step right next to left, step left to side, hold

SAILOR STEP, BEHIND, UNWIND, WALK RIGHT, LEFT, RIGHT KICK-BALL-CHANGE

25&26 Step right behind left, step left to side, step right in place
27-28 Cross left behind right, unwind ¾ turn left (weight ends on left)
29-30 Step forward on right, step forward on left
31&32 Kick right forward, step on ball of right next to left, step left next to right

FORWARD-ROCK, BACK, LOCK, BACK, TURN, STEP, ½ PIVOT

33-34 Rock forward on right, recover weight onto left
35-36 Step back on right, lock-step left over right
37-38 Step back on right, turn ½ left and step forward on left
39-40 Step forward on right, pivot ½ left

TOE-STRUT, STEP, ½ PIVOT, TOE-STRUT, STEP, ¼ PIVOT

41-42 Touch right toe forward, drop right heel to floor to take weight
43-44 Step forward on left, pivot ½ turn right
45-46 Touch left toe forward, drop left heel to floor to take weight
47-48 Step forward on right, pivot ¼ turn left

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, TURN, TOUCH

49-50 Cross step right over left, step left to side
51&52 Step right behind left, step left to side, step right in place
53-54 Cross step left over right, step right to side
55-56 Turn ¼ left and step back on left, touch right toe to side

HEEL & HEEL, & POINT & POINT, & TOUCH, HOLD 7-8

57&58 Touch right heel forward, step right next to left, touch left heel forward
&59&60 Step left next to right, point right toe to side, step right next to left, point left toe to side
&61 Step left next to right, touch right toe next to left foot
62-63-64 Hold, hold, hold

REPEAT
