Party Animal

拍數: 32

級數: Improver

編舞者: William Sevone (UK)

音樂: Here for the Party - Gretchen Wilson

2X FORWARD SHUFFLE WITH EXPRESSION, FORWARD KICK, ½ LEFT STEP FORWARD, STEPFORWARD, PIVOT ½ RIGHT (12:00)1&2Step forward onto right foot, close left foot next to right, step forward onto right foot

3&4 Step forward onto left foot, close right foot next to left, step forward onto left foot

- On shuffles the lead foot is pointing outward point the upper body in the same direction
- 5&6 Flick kick right foot forward, turn ½ left, step forward onto right foot
- 7-8 Step left foot forward, pivot $\frac{1}{2}$ right (weight on right foot)

2X FORWARD SHUFFLE WITH EXPRESSION, FORWARD KICK, ½ RIGHT STEP FORWARD, STEP FORWARD, PIVOT ½ LEFT (12:00)

- 9&10 Step forward onto left foot, close right foot next to left, step forward onto left foot
- 11&12 Step forward onto right foot, close left foot next to right, step forward onto right foot

On shuffles the lead foot is pointing outward - point the upper body in the same direction

- 13&14 Flick kick left foot forward, turn ½ right, step forward onto left foot
- 15-16 Step right foot forward, pivot ½ left (weight on left foot)

PUSH STEP, 2X BACKWARD SHUFFLE WITH EXPRESSION, TURN ¼ RIGHT SIDE ROCK, ROCK (3:00)

- 17-18 Push right foot forward, step onto left foot
- 19&20 (Upper body turned right) step backward onto right foot, close left foot next to right, step backward onto right foot
- 21&22 (Upper body turned left) step backward onto left foot, close right foot next to left, step backward onto left foot
- 23-24 Turn ¼ right & rock right foot to right side, rock onto left foot

FEMALE DANCER

1/4 LET SIDE STEP WITH EXPRESSION, 2X COMBINED HIP BUMPS WITH EXPRESSION

- 25 Turn ¼ left & step right foot to right side with right hand behind head and left hand on left hip
- &26 Bump hips two times left
- 27&28 Reverse weight and hand positions bump hips three times right

MALE DANCER

1/4 LEFT SIDE STEP WITH EXPRESSION, COMBINED PELVIC THRUSTS

- 25 Turn ¼ left & step right foot to right side with knees slightly bent and diagonally left
- &26 Thrust hips forward two times pulling in arms
- 27&28 Reverse weight and angle and thrust hips forward three times pulling in arms

ALL DANCERS

CROSS STEP, UNWIND ½ LEFT, STEP FORWARD, PIVOT ¼ LEFT (3:00)

- 29-30 Cross step right foot over left, unwind ½ left (weight on left foot optional hand clap)
- 31-32 Step right foot slightly forward, pivot ¼ left (weight on left foot optional hand clap)

REPEAT

TAG

At the end of the 8th wall (facing 12:00/home wall) there is a simple 8 count tag to coincide with the musical break

- 1-4 Bump hips 4 times to right
- 5-8 Bump hips 4 times to left





牆數:4