

Parlour Medley

拍數: 48 牆數: 4 級數: Advanced
編舞者: Jenifer Wolf (CAN)
音樂: I Still Carry You Around - Steve Earle



STOMP, SCUFF, HEEL, STOMP, STOMP, STOMP, SCUFF, HEEL

- 1-2 Stomp slightly forward on right, scuff left beside right
- 3-4 Lift right heel, stomp left slightly forward
- 5-6 Stomp right slightly forward, stomp left slightly forward
- 7-8 Scuff right beside left, lift left heel (right leg is still up, ready for next move)

APPLE JACK, APPLE JACK

- 1 Place right slightly forward with right heel facing in as you place left toe out facing left
- 2 Swivel on balls of both feet, as you bring to center
- 3 Swivel on ball of left as you place left heel in, swivel on right heel as you place right toe out
- 4 Swivel on balls of both feet, as you bring to center
- 5-8 Repeat counts (1-4)

STEP, TOGETHER, STEP, HITCH, STEP, TOGETHER, STEP, HITCH

- 1-2 Step right side on right, step left beside right
- 3-4 Step right side on right, hitch left knee
- 5-6 Step left, side on left, step right beside left
- 7-8 Step left side on left, hitch right knee

STEP, HITCH, TURN ½, HITCH, STEP, HITCH, TURN ¼, HITCH

- 1-2 Step back on right, hitch left knee
- 3-4 Turn ½ left on left, hitch right knee
- 5-6 Step back on right, hitch left knee
- 7-8 Turn ¼ left on left, hitch right knee

WALK FORWARD, HITCH, WALK FORWARD, HITCH

- 1-4 Step forward right, left right, hitch left knee
- 5-8 Step forward left, right left, hitch right knee

¼ TURN, ¼ TURN, STEP, TOUCH, STEP, BRUSH

- 1-2 ¼ turn left onto right, touch left beside right
- 3-4 ¼ turn left onto left, brush right beside left
- 5-6 Step forward right, brush left beside right
- 7-8 Step forward left, brush right beside left

REPEAT
