

Paralyzed

拍數: 64 牆數: 0 級數:
編舞者: Vicki Hounsow
音樂: Paralyzed - Ronnie McDowell



- 1-4 Tap right toe behind twice, tap right heel in front twice
& Cross right behind left
5 Cross left over right
6-8 Right to right side, left behind right, right together
- 1-4 Tap left toe behind twice, tap left heel in front twice
& Cross left behind right
5 Cross right over left
6-8 Left to left side, right behind left, left together
- 1-8 Rock hips to right twice, rock hips to left twice, rock hips right-left-right-left
- 1-4 Shuffle forward right-left-right, rock forward left, rock back right
5-8 Shuffle back left-right-left, rock back right, rock forward left
- 1-2 Kick right out to right side with finger clicks, step right across left
3-4 Kick left out to left side with finger clicks, step left across right
5-6 Kick right out to right side with finger clicks, step right across left
7-8 Kick left out to left side with finger clicks, step left together
- 1-4 Kick right ball change right-left, touch right toe forward, pivot ½ to left on left
5-8 Keeping weight on left repeat last 4 steps
- 1-8 Step forward right, kick left forward, jump back onto left, tap right behind, repeat last 4 steps
- 1-4 Vine right-left turning ½ to right, step right, step left together
5-8 Vine right-left-right, left together weight on left

REPEAT
