

Paradise Waltz (P)

COPPERKNOB
BYEPOSTETS

拍數: 60 牆數: 0 級數: Partner
編舞者: Sal Gonzalez (USA)
音樂: Any favorite waltz music



Position: Couples start in sweetheart position. Holding hands right with right, and left with left, facing LOD

FORWARD TURNING WALTZ, BACK TURNING WALTZ

(Do not release hands, raise left hand over lady)

- 1 Stride forward with right and begin making $\frac{1}{2}$ right turn with the step (facing RLOD and do not release hands)
- 2 Step slightly back of left foot
- 3 Step right foot next to left
- 4 Stride back with left and begin making a $\frac{1}{2}$ right turn with the step (facing LOD release right hands and pick up again behind mans back)
- 5 Step slightly forward on right foot. (releasing left hands)
- 6 Step left foot next to right

MAN - TWO FORWARD WALTZES; LADY - TWO TURNING WALTZES

- 7-9 **MAN:** Forward right, left, right (man leads lady by raising right hand above lady head and letting the lady's hand rotate in the man's palm)
LADY: Stride forward on right foot and make a full right turn with three steps (man will pick-up her left hand in front with the man's left to start left turn)
- 10-12 **MAN:** Forward left, right, left (release both right hands, and raise left hand above lady's head to start turn)
LADY: Stride forward on left foot and make a full left turn with three steps (man will pick-up her right hand on count 6 bringing it to her right hip)

WHEEL BASIC

- 13-18 Man leads lady in a 6 count wheel (in sweetheart position, man has his right hand on her right hip)

FOUR FORWARD WALTZES

(Do not release hands)

- 19 Stride forward with right and begin opening up right
- 20 Step left foot slightly beyond right (still facing outside of circle)
- 21 Step right foot behind left (still facing outside of circle)
- 22 Stride forward with left and face line of dance
- 23 Step right foot slightly beyond left
- 24 Step left foot next to right
- 25 Stride forward with right and begin opening up right
- 26 Step left foot slightly beyond right (still facing outside of circle)
- 27 Step right foot behind left (still facing outside of circle)
- 28 Stride forward with left and face line of dance
- 29 Step right foot slightly beyond left
- 30 Step left foot next to right

TWO FORWARD WALTZES

- 31-33 Forward right, left, right
- 34-36 Forward left, right, left (man brings right hand from lady's right hip to sweetheart position by moving it upon lady's shoulder before count 5)

FORWARD WALTZ, TURNING WALTZ

- 37 Stride forward with right foot
- 38 Step left foot slightly beyond right
- 39 Step right foot next to left (start raising right hand over lady's head)
- 40 Stride forward with left and begin making a ½ left turn with a step (both facing RLOD releasing left hand and pick it up at count 6)
- 41 Step slightly beyond back of right foot
- 42 Step left foot next to right (pick up her left hand in front with man's left)

BACK, DRAG, TURNING WALTZ

(Do not release hands)

- 43 Stride back with right foot
- 44-45 Drag left foot slowly together to the supporting foot
- 46 Stride forward with left foot (release man's right, raise left over lady's head and pickup right on count 6)
- 47 Step forward on left foot and pivot ½ turn left
- 48 Shift weight forward to left foot (pickup her right hand in sweetheart position)

FORWARD WALTZ. MAN: TURNING WALTZ; LADY: FORWARD WALTZ

- 49 Stride forward on right foot
- 50 Step left foot slightly beyond right
- 51 Step right foot next to left
- 52-54 **MAN:** Make a 3 count turn left and arrive at new partner
LADY: Forward left, right, left to new partner

FORWARD WALTZ, FORWARD WALTZ

- 55 Stride forward on left foot
- 56 Step left foot slightly beyond right
- 57 Step right foot next to left
- 58 Stride forward on left foot
- 59 Step right foot slightly beyond left
- 60 Step left foot next to right

REPEAT
