

Paradise Rumba

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bob Izral (USA)
音樂: Beautiful María of My Soul (Bella María de Mi Alma) - Los Lobos



WALK, WALK, TOUCH, RONDÉ, CROSS, TURN, SLOW ROCK

- 1-2 Step right forward, step left forward
- 3 Touch right toe forward (option: bend left knee as in a corté, right knee and ankle straight)
- 4 Rondé right toe to the right. Front to back
- 5-6 Cross right behind left, turn $\frac{1}{4}$ left and step left to side
- 7-8 Slowly cross rock right in front of left foot

STEP, SIDE, SLIDE FOR 2, CROSS ROCK, SIDE, RONDÉ

- 9-10 Replace left behind, long right step to side
- 11-12 (With left knee turned in toward right leg) slowly slide the inside edge of the left toe toward the front of the right foot
- 13-14 Cross rock left in front of right foot, replace right behind
- 15-16 Long left step to side, rondé right toe to the right. Side to back

CROSS, SIDE, CROSS, RONDÉ, CROSS, SIDE, CROSS, RONDÉ

- 17-18 Cross right behind, step left to side
- 19-20 Cross right in front, rondé left toe to the right. Back to front
- 21-22 Cross left in front, step right to side
- 23-24 Cross left behind, rondé right toe to the right. Front to back

CROSS, TURN, STEP, SPIRAL, STEP, HOLD, TOUCH, TURN

- 25-26 Cross right behind, step left to side turning $\frac{1}{4}$ left
- 27-28 Step right forward, full left turn (spiral) on right foot
- 29-30 Step left forward, hold
- 31 Touch right toe forward
- 32 Swing right toe to the right. (knee straight, toe sweeping floor or no higher than 6" off the floor)
- & Pivot $\frac{3}{4}$ right on left foot

REPEAT

PHRASING NOTE

When performing the dance to "Beautiful Maria of My Soul" (both the English dance version and the Spanish practice version) two adjustments to the phrasing of the music will be needed. On the 5th wall there are 8 extra counts. Do counts 1-24, repeat counts 17-24, then finish with counts 25-32. (Your cue to make this adjustment will come when the singer sings the title of the song "Beautiful Maria of My Soul" for the first time.) The second adjustment comes in the flute solo which lasts 48 counts. Do counts 1-32 leaving out the $\frac{3}{4}$ pivot, then do counts 17-32 (with the pivot). Both adjustments are made when facing the left wall. For rumba styling use Latin motion in the hips, and use the arms to give expression to the dance and to facilitate turns.