

Paradise Cha Cha

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 2 級數: Advanced
編舞者: John Robinson (USA)
音樂: Your Favorite Country Or Latin Cha-cha Song



LEFT SIDE STEP, RIGHT CROSS ROCK & HOME, LEFT CROSS ROCK & HOME, STEP, PIVOT ½ LEFT, RIGHT LOCKING TRIPLE

1-2&3 Left step side left, right rock across left, left recover, right step home
4&5 Left rock across right, right recover, left step home
6-7 Step right forward, pivot ½ left shifting weight forward to left foot
8&1 Step right forward, left lock behind right, step right forward

LEFT TOE POINT FORWARD, POINT BACK, LEFT LOCKING TRIPLE, RIGHT TOE SWEEP TURNING ¼ LEFT, RIGHT SIDE TRIPLE

2-3 Left toe point forward, left toe point back
4&5 Step left forward, right lock behind left, step left forward
6-7 Right toe sweep making a ¼ turn left in 2 beats, touching next to left
8&1 Right step side right, left step together, right step side right

LEFT CROSS ROCK, RECOVER, LEFT SIDE TRIPLE WITH ¼ TURN LEFT, RIGHT STEP FORWARD, LEFT HITCH IN FIGURE 4, LEFT LOCKING TRIPLE FORWARD

2-3 Left rock across right, right recover
4&5 Left step side left, right step next to left, left step into ¼ turn left
6-7 Step right forward, left hitch, tucking left foot close to right calf in figure 4 and angling body to right
8&1 Squaring up to original wall, step left forward, right lock behind left, step left forward

RIGHT STEP FORWARD, LEFT HITCH IN FIGURE 4, LEFT CROSS-ROCK-SIDE, RIGHT STEP, ½ PIVOT LEFT, RIGHT LOCKING TRIPLE FORWARD

2-3 Step right forward, left hitch, tucking left foot close to right calf in figure 4 and angling body to right
4&5 Left rock across right, right recover, left step side left
6-7 Step right forward, pivot ½ left shifting weight forward to left foot
8&1 Step right forward, left lock behind right, step right forward

LEFT STEP FORWARD, RIGHT HITCH IN FIGURE 4, RIGHT LOCKING TRIPLE FORWARD, LEFT STEP FORWARD, RIGHT HITCH IN FIGURE 4 AGAIN, RIGHT CROSS ROCK & TURN ¼ RIGHT

2-3 Step left forward, right hitch, tucking right foot close to left calf in figure 4 and angling body to left
4&5 Squaring up to new wall, step right forward, left lock behind right, step right forward
6-7 Step left forward, right hitch, tucking right foot close to left calf in figure 4 and angling body to left
8&1 Right rock across left, left recover, right step into ¼ turn right

HOLD, LEFT SLOW DRAG ACROSS RIGHT, RIGHT SLOW SIDE STEP, LEFT ROCK & TOUCH & RIGHT TOE TAP FORWARD

2-3-4 Hold position, slowly drag left toe across right, left step down across right
5-6 Right slow step side right dragging right toe from behind left, and then stepping down side right
7&8&1 Left rock back, right recover, left touch next to right, step left back, right toe tap forward

& LEFT TOUCH HOME & LEFT STEP ¼ LEFT, RIGHT TOE TAP FORWARD, & LEFT SIDE TAP WITH KNEE TURNOUT, HOLD 3 COUNTS, HIP SHAKE

&2&3 Right step home, left touch next to right, left step into $\frac{1}{4}$ turn left, right toe tap forward
&4-5 Right step home, left toe touch side left turning knee out, hold position
6-7 Hold position for 2 more counts
8&1 Shake hips/shimmy shoulders right, left, right

LEFT MAMBO FORWARD, RIGHT MAMBO BACK, LEFT SIDE STEP, RIGHT CLOSE, LEFT SIDE TRIPLE

2&3 Left rock forward, right recover, left step home
4&5 Right rock back, left recover, right step home
6-7 Left step side left, right step next to left
8&1 Left step side left, right step next to left, left step side left, - this is the first step of the dance

REPEAT
