Paradise Cha Cha



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Cherryl Tonner (UK) 音樂: Paradise - Kaci



Start the dance when the music kicks in. She sings "When I'm with you its paradise". Take step 1 on the "dise" of "paradise"

SIDE, LEFT CROSS ROCK, CHASSE LEFT, KICK, STEP, LEFT COASTER STEP

1-3 Step right foot to right side, cross-rock left foot over right, rock weight back	k onto right toot
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4&5 Step left foot to left side, step right foot towards left, step left foot to left side

6-7 Small kick right foot diagonally right, step right foot behind left 8&1 Step left foot back, step right foot beside left, step left foot forward

STEP-TOUCH, BACK-TOUCH, STEP-LOCK-STEP, ROCK STEP, BACK-LOCK-BACK

2&	Step right foot forward (directly in front of left), touch left toe behind heel of right foot
3&	Back left foot directly back, cross-touch right toe back & across outside of left foot

4&5 Step right foot forward, lock left foot behind right, step right foot forward

6-7 Rock left foot forward, rock weight back onto right foot

8&1 Step left foot back, lock right foot over left, step left foot back

For ease of dancing, let hips turn slightly left during steps 2-5 of this section while keeping upper body facing forward

1/4 TURN RIGHT, RIGHT SIDE ROCK, BEHIND-&-CROSS, HIP SWAYS RIGHT LEFT RIGHT, 1/4 TURN **RIGHT**

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2	On ball of left foot make ¼ turn right stepping right foot to right side
3	Recover weight onto left foot (sway rather than rock)
4&5	Step right foot behind left, step left foot to left side, cross-step right foot over left
6-7	Step left foot to left side swaying body left, sway weight onto right foot

8-1 Sway weight onto left foot, sway onto right making 1/4 turn right (weight on right foot)

LATIN WALK FORWARD, STEP-LOCK-STEP, ROCK STEP, SHUFFLE 3/4 TURN RIGHT

2-3	Step left foot forward (crossing slightly in front of right), step right foot forward (crossing
	slightly in front of left)

Step left foot forward, lock right foot behind left, step left foot forward

4&5 6-7 Rock forward onto right foot, recover weight back onto left foot

8 Step right foot 1/4 turn right

& On ball of right turn 1/2 turn right stepping left foot beside right

Count 1 of the dance will complete the 3/4 turn shuffle right

REPEAT