

Paradise

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Wil Curley (CAN)
音樂: Paradise - Sade



STEP OUT TO SIDES RIGHT AND LEFT, ROCK FORWARD AND BACK RIGHT, FULL TURN MONTEREY, LEFT KNEE POPS

1-2 Step right out to right side, step left out to left side, stay weighted on left
3&4& Rock forward right, recover left, rock back right, recover left
5&6 Point right toe out to right side, full turn on left, bring in right with weight, point out left toe
7&8& With left toe touching, pop left knee in and out and in, bring in left foot beside right with weight

RIGHT HEEL LIFTS, BALL STEP, BACK RIGHT AND LEFT, SIDE SHUFFLE LEFT, RIGHT, LEFT

9&10 Bring right foot forward touch toe, bring heel down, up, down
&11-12 Bring right foot back beside left with weight on ball of right lift left foot, replace left foot with weight, step right toe back slightly behind left
13-14 Bring right foot back beside left with weight, step left toe back slightly behind right
15&16 Step left foot to left side together side with a ¼ turn to the right on left, end with right toe slightly forward

RIGHT HEEL OUT AND OUT, BALL STEP BACK, RIGHT TOE TOUCH TO SIDE, SAILOR STEPS RIGHT AND LEFT

17&18 With right toe touching twist right heel out, in, out
&19-20 Step right foot back and lift left foot, replace left foot with weight, bring right foot beside left and touch toe out to right side
21&22 Cross right behind, step side left, step side right
23&24 Cross left behind, step side right, step side left

TOUCH RIGHT TOE FORWARD, SIDE AND COASTER STEP, TOUCH LEFT TOE FORWARD, SIDE AND COASTER STEP

25-26 Touch right toe forward, touch right toe to side
27&28 Step back right with weight, step left beside right with weight, step forward right with weight
29-30 Touch left toe forward, touch left toe to side
31&32 Step back left with weight, step right beside left with weight, step forward left with weight

REPEAT
