

# Papa Bear's Bed

拍數: 64      牆數: 2      級數:  
編舞者: Jan Wyllie (AUS)  
音樂: Papa Bear - Keith Harling



- 1-2      Rock forward on right, rock back on right,  
3&4      Triple step in place left-right-left  
5-8      Rock back right, rock forward left, rock forward right, rock back on left  
9-10     Rock back on right, rock forward on left,  
11&12    Shuffle forward right-left-right
- 1-4      Rock forward on left, rock back on right turning ½ turn left stepping forward on left, rock forward on right  
5-6      Rock back on left turning ½ turn right stepping forward on right  
7-8      Turn ½ turn right stepping back on left, continue to turn ½ turn right stepping forward on right  
9-10     Rock/step forward on left, rock back on right,  
11&12    Triple step in place left-right-left
- 1-4      Step back on right, step left beside right, step forward on right, hold  
5-8      Step forward on left, step right beside left, step back on left, hold
- 1-4      Rock/step right to right, rock weight to left, cross right behind left, turn ¼ turn left stepping forward on left  
5-6      Step forward on right & pivot ½ turn left, transfer weight to left  
7&8      Shuffle forward right (right-left-right)
- 1-4      Stride/step forward on left at 45 degrees left, slide right to left, step right, left together with hip bumps  
5-8      Stride/step forward on right at 45 degrees right, slide left to right, step left, right together with hip bumps
- 1-2      Rock/step forward left, rock back on right  
3-4      Turn ½ turn left stepping forward on left, turn ¼ turn left stepping right to right side  
5-6      Step left behind right, step right to right,  
7&8      Cross shuffle left over right (left-right-left)
- 1-2      Rock/step right to right, rock weight to left,  
3&4      Cross shuffle right over left (right-left-right)  
5-8      Step left to left, step right beside left, step back on left, step right beside left

**REPEAT**

---