

Painted Pony

拍數: 62 牆數: 4 級數: Intermediate
編舞者: Ronnie Fortt (UK)
音樂: If Wishes Were Horses - Kimber Clayton



2 VAUDEVILLE HOPS

- &1&2&3&4 Side touch right heel forward to right diagonal, step back on ball of right foot, step left foot across right, step right foot to right side, touch left heel forward to left diagonal
- 5-8 Repeat first four counts
- 9-12 Walk forward left, right, left heel dig right foot forward
- 13-16 Four scoots traveling backwards hopping off on the left foot stepping down on right-left-right-left
- 17-20 Right foot kick ball change twice
- 21-22&23-24 Syncopated grapevine right with $\frac{1}{4}$ turn and heel dig right
- &25&26&27&28 Switch heels to left to right to left clap, clap
- 29-32 Step left foot to left bending knees swaying left, raising right heel, step right and repeat raising left heel
- 33-36 Shuffle to left side rock back on right leg, forward on left
- 37-40 Shuffle to right side rock back on left leg, forward on right
- 41-44 Walk forward left-right-left, stomp right (no weight)
- &45-48 Hop on left foot (on & count) starting a rolling grapevine stepping right-left-right-left, , making one and a half turns right
- 49-52 Right heel dig, switch left , switch right, switch left (kicking heels out in front)
- &53-56 Spring onto left foot on & count, walk forward right, left, right, and touch left ball of foot down next to right
- 57&58&59-60 (Syncopated weave to the right) stepping left across right, right steps to right side, left steps behind right, right steps to right, left steps across right, then the right leg stretches out to the right side
- 60-62 Step right foot across left, extend left heel out to left diagonal

REPEAT
