

Paint The Town

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Terry Hogan (AUS)
音樂: Swing Baby - David Ball



VINE RIGHT, TOUCH, VINE LEFT, TOUCH

1-4 Vine right right-left-right, touch left toe beside right foot
5-8 Vine left left-right-left, touch right toe beside left foot

ROCK FORWARD, HOLD, REPLACE, HOLD, ½ RIGHT FORWARD, ½ RIGHT BACK, ¼ RIGHT SIDE, TOUCH

9-10 Rock-step right forward, hold
11-12 Rock-replace weight back onto left, hold
13-14 Make ½ turn right and step right forward, make a further ½ turn right and step left backward
15-16 Make ¼ turn right and step right to the side, touch left foot beside right

SIDE LEFT, TOUCH, SIDE RIGHT, TOGETHER, SIDE RIGHT, TOGETHER, SIDE RIGHT ¼ LEFT, HOLD

17-18 Step left to the side, touch right foot beside left
19-20 Step right to the side, step left foot beside right
21-22 Step right to the side, step left foot beside right
23-24 Step right to the side and make ¼ turn left, hold leaving left forward

It may be more comfortable to have the body facing right diagonal rather than directly forward

HIP PUSHES WITH FINGER CLICKS X 4

25 Push hips backward and click fingers of right hand swinging the hand back beside the right thigh
26 Allow hips to push forward swinging hand forward slightly as well
27-32 Repeat hip move three more times

FORWARD, TOGETHER, FORWARD, HOLD, FORWARD, ¼L

33-36 Step left forward, slide right beside left, step left forward, hold
37-38 Step right forward, make ¼ pivot turn left taking weight onto left foot

KNEE LIFT, SIDE RIGHT, SIDE LEFT, KNEE LIFT, SIDE RIGHT, SIDE LEFT

39 Bring right knee up and across in front of left knee
40 Step ball of right foot down and to the right side
41 Using the right for leverage step left to the side
42 Bring right knee up and across in front of left knee
43 Step ball of right foot down and to the right side
44 Using the right for leverage step left to the side

BEHIND, HOLD, UNWIND ½ RIGHT, HOLD

45-46 Step right across behind left, hold
47-48 Unwind ½ turn right leaving weight on right, hold

ROCK FORWARD, REPLACE, ¼ LEFT SIDE, HOLD, CROSS ROCK, REPLACE, SIDE, HOLD

49-50 Rock-step left forward, replace weight backward onto right
51-52 Make ¼ turn left and step left to the side, hold
53-54 Cross-rock right over left, replace weight onto left
55-56 Step right to the side, hold

BEHIND, SIDE, ¼ LEFT FORWARD, HOLD, ¼ LEFT SIDE, HOLD, ¼ LEFT SIDE, HOLD

57-58 Step left across behind right, step right slightly to the right side
59-60 Make $\frac{1}{4}$ turn left and step left forward, hold - turning sailor/coaster
61-62 Make $\frac{1}{4}$ turn left and step right to the side, hold
63-64 Make $\frac{1}{4}$ turn left and step left to the side, hold

REPEAT

On counts 13-16, an easy alternative for this is to simply do $\frac{1}{4}$ turn right and a vine to the right side

Note that this is not counted 'half time' at 98 bpm. Use any slower 2 step song for teaching or if you need a slower substitute
