

Paint The Town

COPPER KNOB
BY STEPHENETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Hoang Nguyen (USA) & Trudy Fiechtner (USA)
音樂: Liquored Up and Lacquered Down - Southern Culture On the Skids



Sequence: ABB, AC, BAA, BRIDGE, Last 32 counts of C

PART A

JUMP FORWARD, JUMP BACK, HIP BUMPS

&1-2 Jump forward, right, left & hold
&3-4 Jump back, right left & hold
5-6-7&8 Bump hips right, right, left, right, left

STEP FORWARD & KICK, BACK COASTER STEP, LEFT ½ PIVOT, HOLD

1-2 Step forward on right foot, kick forward with left
3&4 Step back on left foot, right foot together and step forward on left foot (back left coaster step)
5-6 Step right foot forward into a left ½ pivot turn and put weight on left foot
7-8 Step right foot forward and hold

JUMP FORWARD, JUMP BACK, HIP BUMPS

&1-2 Jump forward left, right & hold
&3-4 Jump back, left, right & hold
5-6-7&8 Bump hips left, left, right, left right

STEP FORWARD & KICK, BACK COASTER STEP, RIGHT ½ PIVOT

1-2 Step forward on left foot, kick forward with right
3&4 Step back on right foot, left foot together and step forward on right foot (back right coaster step)
5-6- Step left foot forward into a right ½ pivot turn and put weight on right foot
7-8 Step left foot forward and hold

PART B

RIGHT SIDE ROCK, RECOVER, RIGHT CROSS ROCK, RECOVER, RIGHT ½ HINGE TURN & VINE

1-4 Rock to right side with right foot, recover left, cross rock right over left, recover left
5-8 Step right foot to right side, make a ½ hinge turn right stepping left foot to left side, step right foot behind left and step left foot beside right

RIGHT VAUDEVILLE & LEFT VAUDEVILLE (NO SYNCOPATION)

1-4 Step right foot over left, step back on left, place right heel in front of left and step right foot back
5-8 Step left foot over right, step back on right, place left heel in front of right and step left foot back

RIGHT FORWARD ROCK, RECOVER, RIGHT ½ TRIPLE TURN, LEFT FORWARD ROCK, RECOVER, LEFT ¼ TURN

1-2 Rock forward on right foot and recover back to left
3&4 Make a ½ turn right with triple steps, right, left, right
5-6 Rock forward on left foot and recover back to right
7-8 Make a ¼ turn left stepping left, right

LEFT FORWARD ROCK RECOVER, LEFT ½ TRIPLE TURN, RIGHT FORWARD ROCK, RECOVER, RIGHT ¼ TURN

- 1-2 Rock forward on left foot and recover back to right
- 3&4 Make a ½ turn left, with triple steps left, right left
- 5-6 Rock forward on right foot and recover back to left
- 7-8 Make a ¼ turn right, stepping right, left

PART C

RIGHT FORWARD RUMBA BOX

- 1-8 Step right foot to right side and left foot together, step right foot forward and hold, step left foot to left side and right foot together, step left foot back and hold

RIGHT BACK LOCK STEPS, LEFT ½ TURN

- 1-4 Step right foot back, cross left foot over right, step back right and hold (lock steps)
- 5-8 Make a ½ turn left, stepping left, right, left, hold

RIGHT BACK RUMBA BOX

- 1-8 Step right foot to right side and left foot together, step right foot back and hold, step left foot to left side and right foot together, step left foot forward and hold

RIGHT FORWARD LOCK STEPS, RIGHT ½ TURN

- 1-4 Step right foot forward, cross left foot behind right, step forward right and hold (lock steps)
- 5-8 Make a ½ turn right stepping left, right, left hold

RIGHT TOE-HEEL, LEFT ROCK, RECOVER, LEFT TOE-HEEL, RIGHT ROCK, RECOVER INTO RIGHT ¼ TURN

- 1-4 Step right toe forward and place heel down (toe strut), rock to left side & recover right
- 5-8 Step left toe forward and place heel down (toe strut), rock right foot back, recover left making a right ¼ turn

- 1-8 Repeat last 8 counts

RIGHT FORWARD OUT- OUT, RIGHT BACK IN- IN

- 1-2 Step right foot forward and slightly to the right, step left foot forward and slightly to the left
- 3-4 Step right foot back and slightly to the middle, step left foot back and place next to right

HIP BUMPS

- 5-8 Bump hips, right, left, right left

ALTERNATE SIDE ROCK, RECOVER, STEP BEHIND

- 1-4 Rock right foot to right side and recover left, step right foot behind left, rock left foot to left side
- 5-8 Recover right, step left foot behind right, step right foot to right side and step left beside right

BRIDGE

WALK, WALK, WALK- HOLD, ROCK, RECOVER, LEFT ¼ TURN

- 1-4 Walk forward right, left right and hold
 - 5-8 Rock forward on left foot and recover on right, make a ¼ turn left stepping on left foot and hold
 - 9-16 Repeat last 8 counts
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