

Paint The Town

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Improver
編舞者: Lois Lightfoot (UK)
音樂: Paint The Town - The Embers



STOMP RIGHT FAN SIDE TO SIDE, STOMP LEFT FAN SIDE TO SIDE

1-2 Stomp right foot forward, fan right toe to right side
3-4 Fan right toe to left side, fan right toe to center
5-6 Stomp left foot forward, fan left toe to left side
7-8 Fan left toe to right side; fan left toe to center

RIGHT TOE STRUT, LEFT TOE STRUT, SHUFFLE BACK SHUFFLE BACK

1-2 Step forward on right toe, bring right heel down
3-4 Step forward on left toe, bring left heel down
5&6 Step right foot back, slide left to right, step right foot back
7&8 Step left foot back; slide right to left, step left foot back

ROCK BACK FORWARD, SHUFFLE FORWARD, RIGHT, LEFT, RIGHT

1-2 Step right back rock back; rock forward onto left foot
3&4 Step right forward $\frac{1}{4}$ turn left, step left to right, step right $\frac{1}{4}$ turn to right
5&6 Step left forward $\frac{1}{4}$ turn right, step right to left, step left $\frac{1}{4}$ turn to left
7&8 Step right forward $\frac{1}{4}$ turn left, step left to right, step right $\frac{1}{4}$ turn to right

Simpler option: replace the shuffle turns, with shuffle forward

STEP PIVOT, STEP, FULL TURN, STEP FORWARD, BRUSH

1-2 Step forward onto left foot; pivot a $\frac{1}{2}$ turn to right
3-4 Step left foot forward, make $\frac{1}{2}$ turn to left stepping right foot back
5-6 Make $\frac{1}{2}$ turn to left stepping left forward, step forward on right foot
7-8 Step left foot forward, brush right foot next to left foot

Simpler option: replace the full turn with walk forward right, left

REPEAT
