

Paint Me A Birmingham

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Colleen Archer (AUS)
音樂: Paint Me a Birmingham - Tracy Lawrence



- 1-4 Cross right over left, step left to left side, cross right over left, hold (cross shuffle)
5-6 Step left to left side and sway hips left
7-8 Sway hips to right (2 counts) (12:00)
- 1-4 Step left forward, lock right behind left, step left forward, hold
5-8 Step right forward, hold, turn ½ left taking weight onto left, hold (6:00)
- 1-2 Sweep right around to side and step right forward
3-4 Sweep left around to side and step left forward
5-8 Cross right over left, step left back, step right to right side, hold (6:00)
- 1-2 Step left forward and across right, hold
3-4 Replace weight back onto right, step left to left side
5-6 Step right forward and across left, hold
7-8 Replace weight back onto left, turn ¼ right and step right forward (9:00)
- 1-4 Step left to left side, replace weight onto right, step left across right, hold
5-6 Turn ¼ left and step right back, turn ¼ left and step left to left side
7-8 Step right across left, hold (3:00)
- 1-4 Step left back, step right beside left, step left forward, hook right up behind left
5-8 Step right back, hook left up to right knee, step left forward, hold (3:00)
- 1-2 Step right to right side, turn ¼ left and step left beside right
3-4 Step right back, hold
5-8 Left sailor step (cross left behind right, step right to side, replace weight left), hold (12:00)
- 1-2 Step right forward and across left, rock step left to left side
3-4 Replace weight onto right, hold (cross samba)
5-6 Touch left toe across right, hold
7-8 Unwind ½ right taking weight onto left, hold (6:00)

REPEAT

FINISH

Dance up to count 60 (cross samba), cross step left forward over right, hold
