

Paint It Black

拍數: 48 牆數: 2 級數: Advanced
編舞者: Lindsey Marsh
音樂: Paint It Black - The Cheap Seats



ROCKS, ½ TURN SHUFFLE, ROCKS, BACK SHUFFLE

1-2 Rock forward right, rock back left while making while making ½ turn right over right shoulder
3&4 Shuffle forward right, left, right
5-6 Rock forward left, rock back right
7&8 Shuffle back left, right, left

SWITCH RIGHT & LEFT & RIGHT/HOOK/STEP, SWITCH LEFT & RIGHT & LEFT/HOOK/STEP

9& Touch right heel forward, step right beside left
10& Touch left heel forward, step left beside right
11&12 Touch right heel forward, hook right in front of left, step right beside left
13& Touch left heel forward, step left beside right
14& Touch right heel forward, touch right beside left
15&16 Touch left heel forward, hook left in front of right, step left beside right

COASTER, TURN, STEP, HEAD, SWITCH, HEAD, TURN, BOUNCE

17&18 Step right back, step left beside right, step right forward
19-20 Pivot ¼ turn left, step right forward
21&22 Turn head to look ¼ over left shoulder, (in position) step right beside left, step left forward
23&24 Turn head to look ¼ over right shoulder, bounce on heels twice for a ¼ turn right, to line up body with head
25-32 Repeat steps 17-24 by mirror image -beginning with left coaster

KICK RIGHT & LEFT & RIGHT/HITCH/STEP, LEFT CHASSE, RIGHT SAILOR

33& Kick right to right side, step right beside left
34& Kick left to left side, step left beside right
35&36 Kick right to right side, hitch right, step right beside left
37&38 Step left to left side, step right beside left, step left to left side
39&40 Cross right foot behind left, step left to left side, step right in place

KICK LEFT & RIGHT & LEFT/HITCH/STEP, RIGHT CHASSE, LEFT SAILOR

41& Kick left to left side, step left beside right
42& Kick right to right side, step right beside left
43&44 Kick left to left side, hitch left, step left beside right
45&46 Step right to right side, step left beside right, step right to right side
47&48 Cross left behind right, step right to right side, step left in place

REPEAT
