

Paid My Dues

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: T Simnett
音樂: Paid My Dues - Anastacia



HIP BUMPS RIGHT THEN LEFT (WITH STYLE)

1-4 Step forward right bumping hips up, down, up & down (using your knees)
5-8 Step forward left bumping hips up, down, up & down (using your knees)

RIGHT MAMBO, LEFT MAMBO, PIVOT HALF LEFT, STEP, TRIPLE FULL TURN

9&10 Step forward right, step left in place, step right next to left
11&12 Step back left, step right in place, step left next to right
13&14 Step forward right, pivot half turn left, step forward right
15&16 Triple full turn left on the spot stepping left, right, left

SHUFFLE RIGHT, SKATE LEFT & RIGHT, SHUFFLE LEFT, SKATE RIGHT & LEFT

17&18 Step right to right diagonal, slide left behind, step forward right
19-20 Slide left foot forward to left side, slide right foot forward to right side
21&22 Step left to left diagonal, slide right behind left, step forward left
23-24 Slide right foot forward to right side, slide left foot forward to left side

CROSS ROCK RIGHT, CROSS ROCK LEFT, RIGHT FORWARD MAMBO, LEFT COASTER

25&26 Rock right across left, step left in place, step right to right side
27&28 Rock left across right, step right in place, step left to left side
29&30 Step right forward, step left in place, step right next to left
31&32 Step back left, step right next to left, step forward left

REPEAT
