

Paid In Advance

拍數: 56 牆數: 4 級數: Improver hip hop
編舞者: Larry Campbell (USA) & Tracy Campbell (USA)
音樂: Cryin' For Nothin' - Gary Allan



HIP BUMPS

1-2 Step right forward/diagonally, bump right hip 2 times
3-4 Shift weight to the left and bump left hip 2 times
5-6 Step right back/diagonally, bump right hip 2 times
7-8 Shift weight to the left and bump left hip 2 times

KICK-BALL-TOUCH / KICK-BALL-TURN / KICK-BALL-TOUCH / KICK-BALL-TURN

9 Weight remaining on left foot, kick right foot forward
& Quickly step right foot home, weight on it
10 Weight remaining on right foot, touch left toe next to right foot
11 Weight remaining on right foot, kick left foot forward
& Step left foot ¼ left, weight on it
12 Weight remaining on left foot, touch right toe next to left foot
13 Weight remaining on left foot, kick right foot forward
& Quickly step right foot home, weight on it
14 Weight remaining on right foot, touch left toe next to right foot
15 Weight remaining on right foot, kick left foot forward
& Step left foot ¼ left, weight on it
16 Step down putting weight on right foot

TOUCH FRONT, SIDE, BEHIND & FRONT, TOUCH, BEHIND & FRONT, TOUCH

17-18 Touch left to front, touch left to side
19&20 Step left behind right, step right to right side, step left across right
21-22 Touch right out to side 2 times
23&24 Step right behind left, step left to left side, step right across left
25-26 Touch left out to side 2 times

LEFT SAILOR, RIGHT SAILOR

27&28 Left sailor (left behind right, right to right side, left to left side)
29&30 Right sailor (right behind left, left to left side, right to right side)

ROCK STEP, COASTER STEP, ROCK STEP COASTER STEP

31-32 Rock forward on left, recover back on right
33&34 Left coaster step (left foot back, right foot next to left, left foot slightly forward)
35-36 Rock forward on right, recover back on left
37&38 Right coaster step (right foot back, left foot next to right, right foot slightly forward)

TURN ¼, TOE HEELS

39-40 Turn ¼ to left, step left toe, drop left heel
41-42 Step right toe, drop right heel
43-44 Step left toe, drop left heel
45-46 Step right toe, drop right heel

½ TURN, SHUFFLE, ½ TURN SHUFFLE

47-48 Step left foot forward, turn ½ to right
49&50 Shuffle forward left

51-52 Step right foot forward, turn ½ to left
53&54 Shuffle forward right

REVERSE MONTEREY

55-56 Touch left foot to left side, as you bring it in, turn ½ to left, putting weight on it (this is like a reverse Monterey turn)

REPEAT
