

Pahoo

拍數: 40 牆數: 1 級數: Improver
編舞者: Gerd Gütschow
音樂: Time Marches On - Tracy Lawrence



GRAPEVINE RIGHT, GRAPEVINE LEFT

1-2 Step right foot to right side, step left foot behind right
3-4 Step right foot to right side, scuff left foot forward
5-6 Step left foot to left side, step right foot behind left
7-8 Step left foot to left side, scuff right foot forward

ROCK, BACK, COASTER STEP, ROCK, BACK, COASTER STEP

1-2 Step forward on right, recover on left
3&4 Step back on right, step left foot beside right, step forward on right
5-6 Step forward on left, recover on right
7&8 Step back on left, step right foot beside left, step forward on left

HEEL, TOE, STEP, PIVOT ½ TURN LEFT, HEEL, HOOK, HEEL, STEP

1-2 Touch right heel forward, touch right toe back
3-4 Step forward on right, ½ turn left, weight on left foot
5-6 Touch right heel forward, hook right foot across left shin
7-8 Touch right heel forward, step right beside left

SPLIT HEELS, TOGETHER, HEEL, HOOK, HEEL, STEP, SPLIT HEELS, TOGETHER

1-2 Split heels, heels together
3-4 Touch left heel forward, hook left foot across right shin
5-6 Touch left heel forward, step left beside right
7-8 Split heels, heels together

ROCK FORWARD, BACK, ROCK BACK, FORWARD, STEP, ¼ TURN LEFT, STEP, ¼ TURN LEFT

1-2 Step forward on right, recover on left
3-4 Step back on right, recover on left
5-6 Step forward on right, ¼ turn left
7-8 Step forward on right, ¼ turn left

REPEAT
