

P Is For Perfect

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ross Brown (ENG)
音樂: Perfect Child - Mike + The Mechanics



SIDE, TOGETHER, SIDE, ROCK BACK, SIDE CHASSE, ROCK & SWEEP

1-3 Step right to the right, step left next to right, step right to the right
4-5 Rock back with left, recover onto right
6&7 Step left to the left, bring right up to left, step left to the left
8&1 Cross rock right over left, recover onto left, sweep right round turning a ½ right

BEHIND SIDE CROSS, SWAY HIPS, SIDE CHASSE, ROCK & ¼ TURN

2&3 Cross right behind left, step left to the left, cross right over left
4-5 Sway hips; left, right
6&7 Step left to the left, bring right up to left, step left to the left
8&1 Cross rock right over left, recover onto left, step forward onto right turning a ¼ right

TOE STRUT, SHUFFLE, STEP, SHUFFLE

2-3 Touch left toe forward, place left heel
4&5 Step forward with right, bring left up to right, step forward with right
6 Step forward with left
7&8 Step forward with right, bring left up to right, step forward with right

ROCK FORWARD, ½ SHUFFLE, STEP, ½ PIVOT, ½ STEP, KICK

1-2 Rock forward with left, recover onto left
3&4 Step sideways onto left turning a ¼ left, bring right up to left turning a ¼ left, step forward on left
5-6 Step forward with right, pivot a ½ right
7-8 Step back onto right turning a ½ left, kick left foot forward

BACK LOCK BACK, BACK LOCK BACK, ROCK BACK, ½ STEP, ½ STEP

1&2 Step back with left, lock right across left, step back with left
3&4 Step back with right, lock left across right, step back with right
5-6 Rock back with left, recover onto right
7-8 Step back onto left while turning a ½ right, step forward onto right while turning a ½ right

STEP LOCK STEP, STEP LOCK STEP, ROCK FORWARD, ¾ TURN, POINT

1&2 Step forward with left, lock right behind left, step forward with left
3&4 Step forward with right, lock left behind right, step forward with right
5-6 Rock forward with left, recover onto right
7-8 Step forward onto left while turning ¾ left, point right to the right

WEAVE, POINT, TWINKLE, TWINKLE

1-4 Cross right over left, step left to the left, cross right behind left, point left to the left
5&6 Cross step left over right, step right to the right, step left to the left
7&8 Cross step right over left, step left to the left, step right to the right

BEHIND STEP, SWEEP, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE CROSS

1-2 Cross step left behind right, sweep right from in front to behind
3&4 Cross right behind left, step left to the left, cross right over left
5-6 Rock left to the left, recover onto right

7&8

Cross left behind right, step right to the right, cross left over right

REPEAT

TAG

At the ends of walls 2 & 4 you do this tag

1-4 Step right to the right while swaying hips; right, left, right, left

When dancing to 'Flashdance' you do not do the tags. The intro is 8 counts after she starts her slow singing. This should fit so that when the main beat has fully came in, you've started your second wall.
