

Oye Como Va

拍數: 80 牆數: 4 級數: Intermediate
編舞者: Sue Bergeron (CAN)
音樂: Oye Como Va - Santana



STEPS FORWARD AND BACKWARD (USING HIP MOTIONS)

1-4 Step forward with right, step forward with left (parallel), step backward with right, step backward with left (parallel)
5-8 Repeat 1-4

RIGHT VINE WITH HEEL JACKS, LEFT VINE WITH HEEL JACKS

9-12 Step right to right, left behind right, right to right and touch with left
&13&14 Step back on right and touch left heel forward, step home on left, step
&15&16 Home on right

17-20 Step left to left, right behind left, left to left and touch with right
&21&22 Step back on left and touch right heel forward, step home on right
&23&24 Step home on left

SHUFFLES WITH ROCK STEP

25-28 Right shuffle forward, rock back on left foot and recover on right foot
29-32 Left shuffle forward, rock back on right foot and recover on left foot

1/8 TURNS

33-34 Step forward on right foot and make a 1/8 turn to left, shifting weight on left foot
35-40 Repeat above three more times (should be facing back wall) (roll your hips as you do these turns)

SIDE STEP, SHUFFLE IN PLACE, ROCK STEP, TURNING SHUFFLE

41-42 Step to the right side, step home with left (cuban motion step)
43&44-45-46 Shuffle in place, rock forward on left and recover on right foot
47&48 Shuffle in place (left-right-left) as you make a 1/2 turn to the left

49-56 Repeat 41-48 (should be facing main wall)

SHUFFLES IN PLACE

57-60 Turning body a 1/4 turn to your right, shuffle in place, turning body a 1/4 to your left, shuffle in place

1/2 TURN STEPS

61-64 Step forward making a 1/2 turn to your right, step forward making a 1/2 turn to your left, step forward making 1/2 to your right, hold

SHUFFLES IN PLACE

65-68 Turning body 1/4 turn to the left, shuffle in place, turning body 1/4 turn to the right, shuffle in place

1/2 TURN STEPS

69-72 Step forward making a 1/2 turn to your left, step forward making a 1/2 turn to your right, step forward making a 1/2 turn to your left, hold

OUT, OUT, IN, IN

73-80

Step out with right foot, step out with your left foot, step in with your right foot, step in with your left foot (repeat last four counts)

REPEAT
