

Overflow

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Moses Bourassa Jr. (USA)
音樂: Over You - Gabrielle



HIPS SWAYS, SAILOR SHUFFLES, ¾ TURN CHA

1&2 Sway hips left, right, left
3&4 Step right behind left, step left to left, step right next to left
5&6 Step left behind right, step right to right, step left next to right
7&8 Rock forward on right, ½ turn with left, ¼ turn with right

ROCK STEP, STEP, COASTER STEP, MODIFIED TURNING CHA

1-2 Rock forward on left, recover on right
3&4 Step back on left, step forward on right, step forward on left
5-6 Rock forward on right, recover on left
7&8 Step right making a ½ turn to the right, step left making a ¼ turn to the right, cross right over left

POINT CROSSES, MODIFIED ½ TURN COASTER STEP, HOLD

1-2 Point left to left side, step left behind right
3-4 Point right to right side, step right in front of left
5-6 Step left back making a ¼ turn to the left, step back on right
7-8 Step back on left, hold

STEPS, POINT CROSSES, MODIFIED ½ TURN SAILOR SHUFFLE, HOLD

1-2 Step forward on right, step forward on left
3-4 Point right to right side, cross right over left
5 Point left to left side
6&7 Step left behind right making a ½ turn to the left, step right behind left, touch left next to right
8 Hold

STEP ½ TURN, ½ TURNING SHUFFLE, COASTER STEP, STEPS WITH BODY ROLLS

1-2 Step forward on left, step forward on right making a ½ turn to the left
3&4 Step back on left making a ½ turn to the left, step back on right, step back on left
5&6 Step back on right, step forward on left, step forward on right
7-8 Step forward on left starting body roll, bring right next to left

REPEAT
