

Overboard

COPPER KNOB
STEPPEDETS

拍數: 48 牆數: 1 級數: Improver
編舞者: Jodi Wittman (USA)
音樂: Beyond the Sea - Bobby Darin



Start dance on the back wall. Dance alternates between rumba & mambo rhythms. Written for Dance Cruise, January 2002

ROCK STEPS, SAILOR STEP WITH ¼ TURN LEFT

1-4 Rock to left side on left, rock to right side on right, rock to left side on left, hold
5-8 Step right behind left, turning ¼ to left step on left, step right next to left, hold

ROCK STEPS, SAILOR STEP WITH ¼ TURN LEFT

9-12 Rock to left side on left, rock to right side on right, rock to left side on left, hold
13-16 Step right behind left, turning ¼ to left step on left, step right next to left, hold

You should be facing the front wall.

FORWARD RUMBA DIAMOND

17-18 Step forward left at left angle, touch right next to left
19-20 Step forward right at right angle, step left next to right
21-22 Step back on right at right angle, touch left next to right
23-24 Step back left at left angle, step right next to left

MAMBO BACK & FORWARD, MAMBO LEFT & RIGHT

25-26 Rock back on left, recover forward on right
27-28 Step left next to right, hold
29-30 Rock forward on right, recover back on left
31-32 Step right next to left, hold
33-34 Rock left to left side, recover in place on right
35-36 Step left next to right, hold
37-38 Rock right to right side, recover in place on left
39-40 Step right next to left, hold

PIVOT TURN TO RIGHT, MAMBO FORWARD RIGHT

41-42 Step forward on left, turn ½ to right
43-44 Step left next to right, hold
45-46 Step forward right, recover back on left
47-48 Step right next to left, hold

The pivot turn will return you to the back wall.

REPEAT