Over My Shoulder

拍數: 32   牆數: 4   級數: Intermediate

編舞者: Helen D'Aguiar (UK)

音樂: Over My Shoulder - Mike + The Mechanics

ROCK BACK, HITCH TOUCH TWICE WITH HALF TURN LEFT, CROSS & HEEL, & BEHIND SIDE CROSS, SIDE CROSS

1-2	Rock back on right, looking over your shoulder, recover on left
&3&4	Hitch right foot, make ¼ turn left as you touch out to right, repeat
5&6&	Cross right over left, step left to side, dig right heel forward into right diagonal, bring right foot back to place
7&8	Cross left foot behind right, step right to side, cross left over right

SIDE CROSS, STEP BACK RIGHT ¼ TURN LEFT, RUMBA BOX, MAMBO FORWARD, BACK LOCK BACK

&1-2	Step right to side, cross left over right, make ¼ turn left stepping back on right
3&4	Step left to side, close right next to left, step left forward
5&6	Step forward on right, recover on left, close right next to left
7&8	Step back on left, lock right over left, step back on left

¼ TURN RIGHT ROCK RECOVER, BEHIND & CROSS, BACK SIDE CROSS (½ TURN RIGHT), KICK AND CROSS

1-2	Making a ¼ turn right rock out to right, recover on left kicking slightly with right
3&4	Cross right behind left, step left to side, cross right over left
5&6	Make ¼ turn right stepping back on left, make a further ¼ turn right stepping right to side, cross left over right
7&8	Kick right foot forward, step right next to left, cross left over right

COASTER BACK, LEFT SHUFFLE FORWARD, ROCK RECOVER ½ TURN RIGHT, STEP PIVOT ¼ TURN RIGHT CLOSE

1&2	Step back on right, close left next to right, step right foot forward
3&4	Left shuffle forward
5&6	Rock forward on right, recover on left, make ½ turn right and step forward on right
7&8	Step forward on left, pivot ¼ turn right, close left next to right

REPEAT

TAG

At the end of wall 3 and 5

1&2	Mambo out to right
3&4	Mambo out to left

At the end of wall 7

1&2	Mambo out to right
3&4	Mambo out to left
5-6	Step forward right, pivot half turn left
7-8	Step forward right, pivot half turn left, closing left next to right