

Over And Over

拍數: 32 牆數: 4 級數: Intermediate
編舞者: David Sinfield (UK)
音樂: Over and Over (feat. Tim McGraw) - Nelly



SIDE, BACK ROCK, SIDE, BACK ROCK, CROSS, TURN, STEP, CROSS SHUFFLE

1&2 Step right to right, rock back left, replace weight onto right
3&4 Step left to left, rock back right, replace weight onto left
5&6 Cross right over left, on the ball left ½ turn right, step right in place
7&8 Cross left over left, step right to right, cross left over left

MAMBO CROSS, MAMBO CROSS, CROSS, BACK, STEP, CROSS, BACK, STEP

1&2 Rock right to right, replace weight onto left, cross right over left
3&4 Rock left to left, replace weight onto right, cross left over right
5&6 Cross right over left, step left back, step right to place
7&8 Cross left over right, step right back, step left to place

BEHIND, SIDE, CROSS, ROCK ¼ TURN, STEP, SHUFFLE FULL TURN, LEFT SHUFFLE

1&2 Cross right behind left, step left to left, cross right behind left
3&4 Rock left to left, step right into ¼ turn right, step left forward
5&6 Shuffle a full turn left stepping right-left-right
7&8 Step forward left, close right beside left, step forward left

MAMBO FORWARD, MAMBO BACK, SIDE MAMBO, KICK BALL TOUCH

1&2 Rock forward right, replace weight onto left, step right beside left
3&4 Rock forward left, replace weight onto right, step left beside right
5&6 Rock right to right, replace weight onto left, step right beside left
7&8 Kick left forward, step left in place of right, touch right beside left

REPEAT
