

Outta Love

拍數: 276 牆數: 4 級數: Intermediate
編舞者: Lisa Mason (UK) & Joe Mason (UK)
音樂: I'm Outta Love - Anastacia



- 1-4 Kick right foot forward, stepping right left, ball change, repeat
5-8 Step forward right paddle ¼ turn left and repeat to face back
9-12 Rock forward right rock back left, shuffle turning ½ turn right
13-16 Rock forward left rock back right, shuffle turning ½ turn left
- 17-20 Place right heel forward, spring onto right and place left heel forward, spring onto left and place right heel forward, clap
21-28 Grapevine right, turning/rolling grapevine left
29-32 Stepping forward on right foot two pivot ½ turns turning left
- 33-64 Repeat all of the above to finish facing front wall
65-68 Jazz box on right foot, cross right over left, step back left step right to right side, step left next to right
- 69-72 Jump feet apart right left, (out out), jump feet together, right left, (in in) and repeat finishing with weight on right left foot free
&73&74 Step back on left foot touching right heel forward, step back to place on right foot, and step left foot next to right, weight on left
&75&76 Step back on right foot touching left heel forward, step onto left foot back to place, touching right foot next to left, weight on left
77-80 Step right foot forward bump hips right twice, repeat left stepping left forward
81-84 Step right foot to right side and swing hips right left right left, weight on left
- 85-88 Step right foot to right side, step left next to right, chasse/shuffle to right side, stepping right, left, right
89-92 Point left toe forward, point toe to the left side, point toe forward, step to left turning ¼ turn left
93-96 Rock forward on right foot, rock back on left, shuffle backwards on right foot
97-100 Rock back on left foot, rock forward on right, shuffle forward on left foot
- 101-102 (Vaudevilles) step right foot to right side, cross left behind
&103 Step right in place, cross step left over right, weight on left
&104 Step right to right side touching left heel forward at an angle
&105&106 Step left in place, cross right over left, step left to left side touching right heel forward at an angle
&107&108 Step right in place, cross left over right, step right to right side touching left heel forward at an angle
- 109-110 Rock left foot to left side, rock back into place on right
111&112 Cross left behind right, step right to right side, step left in place
113&114 Cross right behind left, step left to left side, step right in place
115&116 Kick left foot forward, step left in place, touch right next to left
117-124 Point right toe to right side, pivot on ball of left turning ½ turn right stepping right next to left, point left toe to left side, step left next to right, repeat Monterey
- 125-248 Repeat counts 1-124
- 249-252 Rock right foot to right side, rock onto left in place, step in place right left right (cha-cha-cha)

253-256 Repeat to left side
257-264 Repeat above twice more rocking forward on right then back on left
265-272 Four paddle turns starting on right foot, turning left to complete a full turn
273-276 Jump both feet apart, jump feet crossing right behind and left in front of right, unwind ½ turn right, weight on left and hold for one count (alternatively if you're not feeling energetic complete a Monterey turn right)

REPEAT

TAG

On wall 2, omit 65-68
