Outta Love



拍數: 0 牆數: 1 級數: Intermediate

編舞者: Kathy King (USA)

音樂: All Out of Love - Newton



Sequence: AB; AB; SHORT A; B TO END

PART A

2 WALKS, MAMBO RIGHT, 2 WALKS, MAMBO LEFT

1-2-3&4 Walk forward right, left, rock right to right, recover with left, step right to place (mambo)
5-6-7&8 Walk forward left, right, rock left to left, recover with right, step left to place (mambo)

2 1/4 PIVOTS TO LEFT, 2-COUNT VINE WITH CHA-CHA-CHA

1-2-3-4 Step forward with right, pivot ¼ to left, step forward with right, pivot ¼ to left

5-6-7&8 Step right to right, step left behind right, step right-left-right in place - (cha-cha-cha)

2 WALKS, MAMBO LEFT, 2 WALKS, MAMBO RIGHT

1-2-3&4 Walk forward left, right, rock left to left, recover with right, step left to place (mambo)
5-6-7&8 Walk forward right, left, rock right to right, recover with left, step right to place (mambo)

2 1/4 PIVOTS TO RIGHT, 2-COUNT VINE WITH CHA-CHA-CHA

1-2-3-4 Step forward with left, pivot ¼ to right, step forward with left, pivot ¼ to right
5-6-7&8 Step left to left, step right behind left, step left-right-left in place - (cha-cha-cha)

STEP-SLIDE-STEP-CLAP TO 1:00, STEP-SLIDE-STEP-CLAP TO 11:00

1-2-3-4 At 1:00, step right foot forward, slide left to place, step right forward, clap, clap on 4 5-6-7-8 At 11:00, step left foot forward, slide right to place, step left forward, clap, clap on 8

RIGHT KICK BALL CHANGE, TOE BEHIND, ½ TURN LEAVING WEIGHT ON RIGHT, STEP LEFT, TOUCH, STEP RIGHT, LEFT TOUCH

1&2-3-4 Right kick ball change, position right toe directly behind left foot (3), turn ½ to right & place weight on right foot (4)

5-6-7-8 Step left to left, touch right to place, step right to right, touch left to place

LEFT KICK BALL CHANGE, TOE BEHIND, ½ TURN LEAVING WEIGHT ON LEFT, STEP RIGHT, TOUCH, STEP LEFT, RIGHT TOUCH

1&2-3-4 Left kick ball change, position left toe directly behind right foot (3), turn ½ to left & place weight on left foot (4)

Step right to right, touch left to place, step left to left, touch right to place

RIGHT FRONT ROCK, RECOVER, COASTER STEP, LEFT FRONT ROCK, RECOVER, COASTER STEPS

1-2-3&4 Rock right to front, recover with left, step right back (3), step left to place (&), step right

forward (4) (coaster step)

5-6-7&8 Rock left to front, recover with right, step left back, step right to place, step left forward

SYNCOPATED HEELS, CLAP-CLAP

1&2&3&4& Right heel forward, right to place, left heel forward, left to place, right heel forward, hold on 4

(at same time clap-clap on &4), bring right foot to place (&)

5&6&7&8& Left heel forward, left to place, right heel forward, right to place, left heel forward, hold on 8

(at same time clap-clap on &8), bring left heel to place on (&)

PART B

5-6-7-8

RIGHT FORWARD SHUFFLE, 360 TURN, HOLD, RIGHT FORWARD SHUFFLE, 180 TURN, HOLD

1&2-3-4	Right forward shuffle, with weight on left foot, turn full turn to right and hold on 4	
5&6-7-8	Right forward shuffle, with weight on left foot, turn ½ turn to right. (you'll of turned 1 ½ times	
	in this 8 beats)	
RIGHT ROCK	K BACK, (RIGHT-LEFT-RIGHT) CHA-CHA-CHA, LEFT ROCK BACK, (LEFT-RIGHT-LEFT)	
CHA-CHA		
1-2-3&4	Rock back on right, recover left, right-left-right cha-cha-cha	
5-6-7&8	Rock back on left, recover right, left-right-left cha-cha-cha	
3 WALKS FORWARD (RIGHT-LEFT-RIGHT), SCUFF-HITCH, 3 WALKS FORWARD (LEFT-RIGHT-LEFT),		
SCUFF-HITCH		
1-2-3&4	Walk forward right, left, right, scuff left on &, step to place with right	
5-6-7&8	Walk forward left, right, left, scuff right on &, step to place with left	
RIGHT VINE WITH TOUCH, LEFT VINE WITH 1/4 TURN TO LEFT AND HITCH		
1-2-3-4	Right vine, touch left to place on 4	
5-6-7-8	Left vine with ¼ turn to left (5, 6, 7), hitch right leg 4	
PART A (SHORT)		
2 WALKS, MAMBO RIGHT, 2 WALKS, MAMBO LEFT		
1-2-3&4	Walk forward right, left, rock right to right, recover with left, step right to place (mambo)	
5-6-7&8	Walk forward left, right, rock left to left, recover with right, step left to place (mambo)	
2 ¼ PIVOTS TO LEFT, 2-COUNT VINE WITH CHA-CHA-CHA		
1-2-3-4	Step forward with right, pivot ¼ to left, step forward with right, pivot ¼ to left	
5-6-7&8	Step right to right, step left behind right, step right-left-right in place - (cha-cha-cha)	
2 WALKS, MAMBO LEFT, 2 WALKS, MAMBO RIGHT		
1-2-3&4	Walk forward left, right, rock left to left, recover with right, step left to place (mambo)	
5-6-7&8	Walk forward right, left, rock right to right, recover with left, step right to place (mambo)	

2 1/4 PIVOTS TO RIGHT, 2-COUNT VINE WITH CHA-CHA-CHA

1-2-3-4	Step forward with left, pivot ¼ to right, step forward with left, pivot ¼ to right
5-6-7&8	Step left to left, step right behind left, step left-right-left in place - (cha-cha-cha)

2 ANGLING STEP-SLIDE-CHA-CHAS-CLAPS, JUMP UP-CLAP, JUMP BACK-CLAP, OUT OUT, IN IN TWICE

1-2-3&4 5-6-7&8	Angling to 1:00, step right forward, slide left to place, right cha-cha-cha (clap-clap on &4) Angling to 11:00, step left forward, slide right to place, left cha-cha-cha (clap-clap on &8)
&1-2&3-4 &5&6&7&8	Jump up, clap, jump back, clap Beginning with right foot - out, out, in in, again, begin right foot - out, out, in, in