Outpost (P)



拍數: 64 牆數: 0 級數: Partner

編舞者: Rick Bates (USA) & Deborah Bates (USA)

音樂: I Like It, I Love It - Tim McGraw



Position: Right Side-By-Side position

LEFT KICK-BALL-CHANGES, STEP FORWARD, TOUCH

1&2	Kick left foot forward; step on ball of left foot next to right; step right foot next to left
3&4	Kick left foot forward; step on ball of left foot next to right; step right foot next to left
5-6	Step forward on left foot; touch right foot next to left
	Right kick-ball-changes, step forward, touch
7&8	Kick right foot forward; step on ball of right foot next to left; step left foot next to right
9&10	Kick right foot forward; step on ball of right foot next to left; step left foot next to right

11-12 Step forward on right foot; touch left foot next to right

MILITARY PIVOTS TO THE RIGHT

Man and lady releases left hands and raise right hands

13-14 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right

foot

15-16 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right

foot

Rejoin left hands returning to side-by-side position

VINE LEFT, TOUCH, VINE RIGHT, TOUCH

17-18	Step to the left on left foot; cross right foot behind left and step
19-20	Step to the left on left foot; touch right foot next to left
21-22	Step to the right on right foot; cross left foot behind right and step
23-24	Step to the right on right foot; touch left foot next to right

ROCK STEPS, TURNING SHUFFLES

Man and lady do not release hands on these turning shuffles

25-26	Step back on left foot, rock forward onto right foot
27&28	Shuffle forward slightly (left, right, left) making a ½ turn to the right on these steps to face
	RLOD
29-30	Step back on right foot; rock forward onto left foot
31&32	Shuffle forward slightly (right, left, right) making a ½ turn to the left on these steps to face
	LOD

ROCK STEPS, TURNING SHUFFLE, ROCK STEPS, MAN'S SHUFFLE IN PLACE, LADY'S SHUFFLE-TOUCH

33-34 Step back on left foot, rock forward on right foot

Man's left hand passes over lady's head as she turns

35&36 MAN: Shuffle in place (left, right, left) making a ¼ turn to the right on these steps

LADY: Shuffle in place (left, right, left) making a ¾ turn on these steps

Man and lady now face each other with crossed hands, left over right (man faces OLOD lady faces ILOD)

37-38 Step back on right foot, rock forward on left foot

39&40 Shuffle in place (right, left, right)

MAN AND LADY'S WEAVE

41 MAN: Step to the left on left foot

LADY: Step to the right on right foot

42	MAN: Cross right foot behind left and step
	LADY: Cross left foot behind right and step
43	MAN: Step to the left on left foot
	LADY: Step to the right on right foot
44	MAN: Cross right foot over left and step
	LADY: Cross left foot over right and step
45	MAN: Step to the left on left foot
	LADY: Step to the right on right foot
46	MAN: Cross right foot behind left and step
	LADY: Cross left foot behind right and step
47	MAN: Step to the left on left foot
	LADY: Step to the right on right foot
48	MAN: Step right foot next to left
	LADY: Touch left foot next to right

ROCK STEPS, TURNING SHUFFLES, ROCK STEPS, FORWARD SHUFFLE

49 Step back on left foot

50 Rock forward onto right foot

Do not release hands. Left hand passes back over lady's head as she turns.

51&52 MAN: Shuffle in place (left, right, left) making a ¼ turn to the left on these steps

LADY: Shuffle in place (left, right, left) making a ¾ turn to the left on these steps

Partners end up facing LOD back in right side-by-side position

53 Step back on right foot 54 Rock forward onto left foot 55&56 Shuffle forward (right, left, right)

FORWARD SHUFFLE, FULL TURNING WINDMILL SHUFFLES TO THE LEFT, FORWARD SHUFFLE

57&58 Shuffle forward (left, right, left)

Release left hands, man's right arm passes over lady's head..

59&60 Shuffle (right, left, right) toward LOD making a ½ turn to the left on these steps

Rejoin left hands and release right hands. Man's left arm passes back over lady's head..

61&62 Shuffle (left, right, left) towards LOD making a ½ turn to the left on these steps

Rejoin right hands back in right side-by-side position.

63&64 Shuffle forward (right, left, right)

REPEAT