

Outer Limits

拍數: 64 牆數: 2 級數: Intermediate/Advanced
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音樂: The Matador - Sylvia



BACK & KICK, STEP, TRIPLE ½ TURN, ROCK STEP, TRIPLE ½ TURN

- &1 Step back left, kick right forward
- 2 Step right to place
- 3&4 Triple step left-right-left making ½ turn right, traveling slightly back and keeping left foot behind right
- 5-6 Rock back right, rock forward left
- 7&8 Triple step right-left-right making ½ turn left

SIDE ROCKS LEFT & RIGHT, 1 & ¼ TURN LEFT, TOUCH

- 9&10 Left cha-cha in place left-right-left
- 11&12 Right cha-cha in place right-left-right
- 13-15 Walk around 1 & ¼ turn left stepping left-right-left
- 16 Touch right beside left

¼ MONTEREY TURN, TOUCH ½ TURN, SYNCOPATED STEPS WITH CLAPS

- 17 Touch right to right side
- 18 On ball of left pivot ¼ turn right stepping right beside left
- 19 Touch left to left side
- 20 Taking weight on balls of feet twist ½ turn left

Legs should be crossed left over right weight on right foot

- 21-22 Step forward left, clap hands
- &23 Step right behind left, step forward left
- 24 Touch right beside left

STROLL BACK, CROSS, SIDE, SLIDE, STOMPS & CLAPS

- 25-27 Stroll back right-left-right
- &28 Step left beside right, cross right over left
- 29 Step left foot to left side
- 30-31 Slide right foot beside left foot
- &32 Stomp right beside left twice, clapping hands on each stomp

CHASSE RIGHT, ROCK STEP, ½ TURN TWISTS & HIP BUMPS

- 33&34 Step right to right side, close left beside right, step right to right side
- 35&36 Rock left behind right, step right in place, step forward left
- 37 On balls of feet twist ½ turn right
- 38 On balls of feet twist ½ turn left
- 39&40 Bump hips forward left-right-left

TWICE STEP ½ PIVOT, KICK, OUT, OUT, IN, IN, CLAP

- 41-42 Step forward right, pivot ½ turn left
- 43-44 Step forward right, pivot ½ turn left
- 45&46 Kick right forward, step right to right side, step left to left side
- &47 Step right to center, step left to center
- 48 Clap

MAMBO STEPS

49&50 Rock forward right, rock weight back on left, step right beside left
51&52 Rock forward right, rock weight back on left, step right beside left
53&54 Rock forward left, rock weight back on right, step left beside right
55&56 Rock forward left, rock weight back on right, step left beside right

STOMPS & TOE FANS

57 Stomp right forward fanning toes to left
58-60 Fan toes right-left-right
&61 Step left beside right, stomp right forward fanning toes to left
62-64 Fan toes right-left-right

REPEAT
