

# Out Of My Mind

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate nightclub  
編舞者: Suzy Taylor (UK)  
音樂: Out of My Mind - Will Young



## 2 KICK BALL CHANGES (TRAVELING RIGHT), SIDE STEP, HIP SWAYS, SIDE SHUFFLE

1&2      Kick right forward diagonally, step back on ball of right, cross left over right  
3&4      Kick right forward diagonally, step back on ball of right, cross left over right  
5-6      Step right to right sway hips right, sway hips left  
7&8      Step right to side, bring left next to right, step right to right

## MAMBO ¼ TURN, KICK & POINT, KNEE IN & SLOWLY OUT ¼ TURN LEFT, 2 HEEL TAPS

1&2      Rock left over right, recover, step left ¼ turn left  
3&4      Kick right forward, step right in place, point left out to side  
5      Left knee in towards right  
6-7      Roll right knee out (turn body ¼ turn left-6:00)  
&8      Tap left heel twice

## 2 SLOW WALKS RIGHT, LEFT, 2 FAST WALKS RIGHT & LEFT, ¼ TURN LEFT POINTING RIGHT OUT TO SIDE, STEP FORWARD, TAP, ½ TURNING SHUFFLE LEFT

&1-2      Bring left in next to right, step forward right, step forward left  
3&4      Step forward right, step forward left, turn ¼ left on ball of left, point right to side  
5-6      Step forward right, tap left behind right heel  
7&8      Step left ¼ turn left, bring right next to left, step left ¼ turn left. (9:00)

## LOW KICK, STEP, TOGETHER RIGHT & LEFT, GRAPEVINE FULL TURN RIGHT

1&2      Flick right out, step to side, touch left next to right  
3&4      Flick left out, step to side, touch right next to left  
5-8      Step right ¼ turn right, step left ¼ turn right, step right ½ turn right, step left next to right

**REPEAT**

**RESTART**

During 2nd wall, restart dance at end of section 3 (facing 6:00)

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