

Out Of Control

拍數: 64 牆數: 0 級數:
編舞者: Michelle Henson & Mathew Price
音樂: She's Crazy for Leaving - Rodney Crowell



- 1-2 Step forward on right at 45 degrees right, push hip back and clap
3-4 Step forward on left at 45 degrees right, push hip back and clap
5-6 Step forward on right at 45 degrees right, push hip back and clap
7-8 Step forward on left at 45 degrees right, push hip back and clap
- 9-12 Right 45 hold one beat, touch left toe back, hold one beat
- 13-16 Vine right-left-right turn ½ turn right hitching left
17-20 Vine left-right-left and jump feet together
- 21-24 Bronco twist right, bronco twist left
- 25-28 Touch left heel to side, hold one beat, touch left heel in front, hold one beat
29-32 Touch left heel to side, scoot forward on right foot, step forward on left, stomp right
- 33-36 Touch right toe to side, cross right leg over left, turn ½ turn left, hold one beat
- 37-40 Step on right behind left while turning ¼ turn right, step on left together, step forward on right, step left together
- 41-48 4 camels diagonally back left with claps
- 49-52 2 heel splits
- 53-56 Kick right forward, cross right leg in front left, turn ¼ turn left with right hitch, turn ¼ turn left, touch right toe back
- 57-60 Step right to side, touch left toe behind right, step left to side, touch right toe behind left
- 61-64 Vine right-left-right turn ¼ turn right bringing left together

REPEAT

Leave out heel splits on last sequence to end correctly.