

# Out Of Bounds

拍數: 32      牆數: 4      級數:  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK)  
音樂: Get Down - Gilbert O'Sullivan



## RIGHT & LEFT KICK STEP TOUCHES, RIGHT ROCK FORWARD & RECOVER, ¼ RIGHT TURN RIGHT SIDE SHUFFLE

1&2      Kick right forward, step right forward, touch left to left side  
3&4      Kick left forward, step left forward, touch right to right side  
5-6      Rock right forward, recover weight on left  
7&8      Turning ¼ right step right to right, step left together, step right to right (to prepare for ½ turn, turn right toes out to the right)

## ½ RIGHT HINGE TURN LEFT TOE STRUT, ½ RIGHT HINGE TURN RIGHT TOE STRUT, ¼ RIGHT, ½ RIGHT PIVOT, LEFT FORWARD SHUFFLE

1-2      Turning ½ right touch left toes to left, step left heel down  
3-4      Turning ½ right touch right toes to right, step right heel down  
5-6      Turning ¼ right step left forward, pivot ½ right  
7&8      Step left forward, step right together, step left forward

## RIGHT ROCK FORWARD & RECOVER, RIGHT COASTER STEP, LEFT ROCK FORWARD & RECOVER, ½ TURN LEFT SHUFFLE FORWARD

1-2      Rock right forward, recover weight on left  
3&4      Step right back, step left together, step right forward  
5-6      Rock left forward, recover weight on right  
7&8      Turning ½ left step left forward, step right together, step left forward

## ¼ LEFT STEP RIGHT TO RIGHT, ¼ LEFT STEP LEFT TO LEFT, SYNCOPATED RIGHT CROSS ROCK, WEAVE RIGHT 2 ¼ LEFT, LEFT COASTER STEP

1-2      Turning ¼ left step right to right, turning ¼ left step left to left  
3&4      Cross rock right over left, recover weight on left, step right to right  
5-6      Cross step left over right, turning ¼ left step right back  
7&8      Step left back, step right together, step left forward

## REPEAT

## TAG

When dancing to "Get Down" by Gilbert O'Sullivan, after the 4th wall, you will be facing front wall. Add the following 8 counts and begin the dance again

## RIGHT ROCK FORWARD & RECOVER, ½ RIGHT, RIGHT SHUFFLE FORWARD, ½ RIGHT PIVOT, LEFT SHUFFLE FORWARD

1-2      Rock right forward, recover weight on left  
3&4      Turning ½ right step right forward, step left together, step right forward  
5-6      Step left forward, pivot ½ right  
7&8      Step left forward, step right together, step left forward