

Otago Stomp

拍數: 56 牆數: 4 級數: Improver
編舞者: Judith Campbell (NZ)
音樂: Dizzie Lizzie And Boogie Woogie Joe - John McCabe



STRADDLE OUT & CLAP, IN & CLAP: ROCK FORWARD /BACK: ½ TURN & SHUFFLE

&1-2 Jump both feet out to sides right, left and clap
&3-4 Jump both feet together right, left and clap
5-6 Rock forward onto right foot, rock back on left foot
7&8 Turning a ½ to the right - shuffle forward right-left-right

STRADDLE OUT & CLAP: 2 HIPS LEFT: FULL ROLL TO RIGHT

&1-2 Jump out with both feet left, right and clap
3-4 Two hip pushes/bumps to the left
5-8 Roll to the right side (FULL turn) right-left-right bring left together

STOMP CLAP, TOGETHER CLAP: TWICE

1-2 Stomp right foot forward and clap
3-4 Bring left together next to right and clap
5-6 Stomp right foot forward and clap
7-8 Bring left together next to right and clap

STOMP: KICK: TRIPLE ON SPOT: 4 TWIST / SWIVELS TO RIGHT

1-2 Stomp right foot on spot next to left, kick right foot forward
3&4 Triple on spot right-left-right
5-8 Four swivels to right side swinging heel first then toes heel and toes

2 TOE/HEEL STRUTS: JAZZ BOX

1-4 Two toe/ heel struts forward right, left
5-8 (Jazz box): step right across left, step back on left, step right to right side, step left next to right

2 SHUFFLES FORWARD: TWO ½ PIVOTS: - (DIZZY LIZZY) OPTIONAL

1&2-3&4 Two shuffles forward right-left-right, left-right-left
5-8 Step forward on right foot, ½ pivot to left, step forward right ½ pivot left

2 SHUFFLES BACK: 4 BOOGIE WOOGIE STOMPS TURNING ¾

1&2-3&4 Two shuffles back right-left-right, left-right-left

BOOGIE WOOGIE STOMPS TURNING TO RIGHT)

5-8 Make a ¼ turn right with right foot turned out, step on left foot turned out (the right foot will turn in), repeat right then left again

Keep turning as you do these 4 steps, with hands optionally waving in front of body
As an alternative, just do 4 stomping walks for ¾ right-left-right-left

REPEAT

FINISH

Dance finishes on the full roll to right with only 3 beats (right-left-right)
For a more advanced version you could do the 2 shuffles moving forward with ½ turns turning left (a full turn) then going into the 2 half pivots

