

拍數: 88 牆數: 4 級數: Intermediate
編舞者: Michele Perron (CAN)
音樂: Que Bueno Baila Usted - Oscar D'León



FORWARD-BACK-BACK; BACK-FORWARD-FORWARD (SALSA (8 COUNT) BASIC)

1-2 Right rock/step forward; left recover/step back
3-4 Step right back, slightly diagonal right; hold
5-6 Left rock/step back; right recover/step forward
7-8 Step left forward and slightly diagonal left; hold

FORWARD-BACK-TURN-HOLD; CROSS-SIDE-CROSS-HOLD

1-2 Right rock/step forward; left recover/step back
3-4 Execute ¼ turn right with right step side right; hold (3:00)
5-6 Left step across front of right; right step side right
7-8 Left step across front of right; hold

FORWARD-TAP-BACK-HEEL; SIDE-RECOVER-BEHIND-HOLD

1-2 Right rock/step forward; left tap/touch behind right
3-4 Left recover/step back; right heel forward (option: hold)
5-6 Right rock/step side right; left recover/step side left (in place)
7-8 Right step crossed behind left; hold

TURN-TAP-BACK-HEEL; SIDE-RECOVER-TURN-HOLD

1 Execute ¼ turn left with left rock/step forward (12:00)
2 Right tap/touch behind left
3-4 Right recover/step back; left heel forward (option: hold)
5-6 Left rock/step side left; right recover/step side right (in place)
7-8 Execute ¼ turn left with left step back; hold (9:00)

BACK 3X, HEEL, BACK 3X, HEEL

1-2 Right step back; left step back
3-4 Right step back; left heel forward
5-6 Left step back; right step back
7-8 Left step back; right heel forward

Arm styling: on counts 1-2-3; 5-6-7: roll hands over each other (circle 'in')

FORWARD-LOCK-FORWARD-TOUCH; SIDE/ROCK-RECOVER-ACROSS-HOLD

1-2 Right step forward; left lock/step forward and crossed behind right
3-4 Right step forward; left toe/touch beside left
5-6 Left rock/step side left; right recover/step side right (in place)
7-8 Left step across front of right; hold

Restart from here on first rotation

FORWARD-LOCK-FORWARD-TOUCH; SIDE/ROCK-TURN-FORWARD-HOLD

1-2 Right step forward; left lock/step forward and crossed behind right
3-4 Right step forward; left toe/touch beside right
5-6 Left rock/step side left; execute ¼ turn right with right recover/step forward (12:00)
7-8 Left step forward; hold

FORWARD-TURN-TURN-HOLD; BACK-FORWARD-FORWARD-HOLD

1 Step right forward

- 2 Execute ½ turn left with left step forward (6:00)
3-4 Execute ½ turn left with right step beside left; hold (12:00)

Easier option:

- 1-3 Right forward-left back-right back

5-6 Left rock/step back; right recover/step forward
7-8 Left step forward; hold

ROCK-RECOVER-TURN-HOLD; ACROSS-TURN-BACK-HOLD

- 1-2 Right rock/step forward; left recover/step back
3-4 Execute ¼ turn left with right step back and crossed behind left; hold (9:00)
5-6 Left step side left; right step across front of left
7-8 Left step side left; hold

ROCK-RECOVER-TURN-HOLD; SIDE-TOGETHER-SIDE-HOLD

- 1-2 Right rock/step back; left recover/step forward
3-4 Execute ¼ turn left with right step side right; hold (6:00)
5-6 Left step side left; right step beside left
7-8 Left step side left; hold

ROCK-RECOVER-TURN-HOLD; SIDE-TOGETHER-SIDE-HOLD

- 1-2 Right rock/step back; left recover/step forward
3-4 Execute ¼ turn left with right step side right; hold (3:00)
5-6 Left step side left; right step beside left
7-8 Left step side left; hold

REPEAT
