

Orvar

拍數: 32 牆數: 2 級數: Beginner
編舞者: Thomas Blixt-Hansson (SWE)
音樂: Lipstick, Powder and Paint - Shakin' Stevens



RIGHT TOE STRUT, LEFT TOE STRUT, ¼ TURN LEFT, CLAP, ¼ TURN LEFT, CLAP

1-2 Step forward on right toe, drop heel taking weight
3-4 Step forward on left toe, drop heel taking weight
5-6 Turn ¼ to the left and step right foot back, clap hands
7-8 Turn ¼ to the left and step left foot forward, clap hands

RIGHT ROCKING CHAIR, WALK FORWARD 3 STEPS, CLAP

1-2 Rock/step forward on right foot, recover onto left foot
3-4 Rock/step back on right foot, recover onto left foot
5-8 Step forward right, left, right, clap hands

LEFT TOE STRUT, RIGHT TOE STRUT, LEFT ROCKING CHAIR

1-2 Step forward on left toe, drop heel taking weight
3-4 Step forward on right toe, drop heel taking weight
5-6 Rock/step forward on left foot, recover onto right foot
7-8 Rock/step back on left foot, recover onto right foot

STOMP, CLAP, STOMP, CLAP, WALK FORWARD 3 STEPS, CLAP

1-2 Stomp left foot forward, clap hands
3-4 Stomp right foot forward, clap hands
5-8 Step forward left, right, left, clap hands

REPEAT

Last Update - 19 Sep 2023
