

Optimist Blues

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Tony Wilson (USA)
音樂: Talking Optimist Blues - Neil Diamond



SIDE, BEHIND, HEEL BALL CROSS, SIDE, ¼ TURN TOUCH, ¼ TURN SHUFFLE

1-2 Right side right, left cross step behind right
3&4 Right heel tap slightly forward, right step back, left cross step over right
5-6 Right step to right, turn ¼ left and touch left toe next to right
7&8 Shuffle ¼ turn left (left, right, left)

9-16 Repeat 1-8

ROCK, RECOVER, ½ TURN, SYNCOPATED LOCK STEP, WALK

17-18 Right rock step forward, recover on left
19-20 Turning ½ right on ball of left, step forward on right, hold
&21 Left step forward, right lock behind left
22 Left step forward
23-24 Walk forward right, left

ROCK, FULL BACK TURN, BACK, HOOK, LOCK STEP

25-26 Right rock step forward, left step back
27 Turning ½ right on ball of left step forward on right
28 Turning ½ right on ball of right step back on left
29-30 Right step back, left hook across right leg
31&32 Left step forward, right lock behind left, left step forward

REPEAT

TAG

Danced after walls 1, 3, 6, and 8

FORWARD, TOUCH, BACK, HOOK

1-2 Right step forward, left toe touch behind right
3-4 Left step back, right hook across left leg

ENDING:

After the last tag, step forward right and hold
