Opposite Sex

拍數: 32

級數: Improver

編舞者: Craig Bennett (UK)

音樂: Bag It Up - Geri Halliwell

1-2	Pop right knee in then out to right side
3-4	Step forward right then left
5-6	Pop right knee in then out to the right and complete a quarter turn to the right on the ball of the left foot and placing weight on the right
7-8	Left shuffle forward
9-10	Sailor step leading with right foot
11-12	Sailor step leading with left foot
13-14	Stomp right then left
15-16	Bump hips right, left, right
17-18	Step left back and step right foot slightly forward (placing your weight on the balls of your feet)
19-20	Bouncing on the balls of your feet complete a half turn over the left shoulder
21-22	Side shuffle to the right
23-24	Side shuffle to the left
25-26	Coaster step leading with the right
27-28	Shuffle forward leading with the left
29-30	Step right foot forward and pivot half a turn over the left shoulder
31-32	Stomp right foot, then left foot

REPEAT





牆數:4