

Opposite Sex

拍數: 32 牆數: 4 級數: Improver
編舞者: Craig Bennett (UK)
音樂: Bag It Up - Geri Halliwell



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- 1-2 Pop right knee in then out to right side
3-4 Step forward right then left
5-6 Pop right knee in then out to the right and complete a quarter turn to the right on the ball of the left foot and placing weight on the right
7-8 Left shuffle forward
- 9-10 Sailor step leading with right foot
11-12 Sailor step leading with left foot
13-14 Stomp right then left
15-16 Bump hips right, left, right
- 17-18 Step left back and step right foot slightly forward (placing your weight on the balls of your feet)
19-20 Bouncing on the balls of your feet complete a half turn over the left shoulder
21-22 Side shuffle to the right
23-24 Side shuffle to the left
- 25-26 Coaster step leading with the right
27-28 Shuffle forward leading with the left
29-30 Step right foot forward and pivot half a turn over the left shoulder
31-32 Stomp right foot, then left foot

REPEAT
