

Opening Doors

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karen Jones (UK)
音樂: Abriendo Puertas - Gloria Estefan



Dedicated to my Husband Barry Jones who helped choose the music

LEFT MAMBO FORWARD, RIGHT MAMBO BACK

1-2 Left step forward, right recover in place
3-4 Left step back slightly, tap right next to left
5-6 Right step back, left recover in place
7-8 Right step forward slightly, tap left next to right

LEFT SIDE MAMBO, BACK ROCK, ½ TURN LEFT, TAP

9-10 Left foot rock out to left side, recover right foot in place
11-12 Left step together with right, tap right next to left
13-14 Rock back on right, recover on to left (preparing to hinge turn forward)
15 Turn ½ turn left on ball of left while stepping right next to left
16 Tap left next to right (now facing 6:00 wall)

LEFT MAMBO BACK, RIGHT SIDE MAMBO

17-18 Left foot rock back, recover weight on to right
19-20 Left foot step together with right, tap right next to left
21-22 Rock out to right side on right, recover weight on to left
23-24 Step right next to left, tap left next to right

LEFT SIDE ROCK, ½ TURN RIGHT, RIGHT MAMBO BACK

25-26 Left side rock, recover weight on to right (preparing to hinge turn forward)
27 ½ turn right on ball of right while stepping left next to right
28 Tap right next to left (now facing 12:00 wall)
29-30 Right rock back, left recover in place
31-32 Right step forward slightly, tap left next to right

CARIOCA RUNS, LEFT, RIGHT, LEFT FLICK RIGHT, RIGHT, LEFT, RIGHT FLICK LEFT

33-35 Take small steps forward stepping left right left
36 Flick right foot across floor (similar to a brush) stretching body up slightly at same time
37-39 Take small steps forward stepping right, left, right keeping Cuban motion and knees slightly bent throughout counts 33-35 & 37-39
40 Flick left foot across floor (similar to a brush) stretching body up slightly at same time

Styling note, shimmy as you travel forward

LEFT MAMBO ½ TURN LEFT, FLICK, RIGHT LOCK FORWARD, FLICK ANGLE TO LEFT DIAGONAL

41-42 Left foot rock forward, recover weight to right foot (preparing to turn left)
43-44 ½ turn left stepping left foot forward, flick right (now facing 6:00)
See styling notes for 45-47 below
45-46 Right step forward, lock left foot behind right
47-48 Step right foot forward, flick left foot towards left diagonal (body facing 4-5:00)

SIDE CROSS SIDE KICK, SIDE CROSS SIDE KICK

49-50 Left foot steps to left side, right crosses in front of left
51-52 Left foot steps to left side, low kick towards right diagonal (body facing 7-8:00)
53-54 Right foot steps to right side, left crosses in front of right

55-56 Right foot steps to right side, low kick towards left diagonal (body facing 4-5:00)

SIDE CROSS ¼ TURN RIGHT KICK, COASTER STEP SCUFF

57-58 Left foot steps to left side, right crosses in front of left

59-60 Stepping back on left foot making ¼ turn right, low kick forward with right

Now facing 9:00 your new wall

61-62 Right foot steps back, left foot steps together with right

63-64 Step forward on right, scuff the left foot forward

REPEAT

Variation for lock steps counts 45-47 (for those who like to spin)

FULL TURN FORWARD OVER TWO COUNTS TURNING LEFT (TO THE LEFT)

45 ½ turn left stepping back on right

46 ½ turn left stepping forward on left

47 Step forward on right

Should be danced with Cuban motion throughout. Flicks are similar to a toe tap and a scuff combined.
