

# Open Up

拍數: 64      牆數: 2      級數: Improver  
編舞者: Jan Wyllie (AUS)  
音樂: Open Up Your Heart - The Bellamy Brothers



## **¼ KICK STEP TOUCH, SIDE KICK STEP TOUCH**

1-2            Making ¼ right step right to right side, kick left leg to left side  
3-4            Step left to left, touch right beside left  
5-6-7-8      Step right to right, kick left to left, step left to left, touch right beside left

## **¼ SHUFFLE, STEP PIVOT ½, STEP HOLD, FORWARD ROCK RETURN**

9&10          Making ¼ right shuffle forward right, left, right  
11-12-13-14    Step forward on left, pivot ½ right transferring weight to right, step forward on left, hold  
15-16          Rock/step forward on right, rock back on left

## **¼ KICK STEP TOUCH, SIDE KICK STEP TOUCH**

17-18          Making ¼ right step right to right side, kick left leg to left side  
19-20          Step left to left, touch right beside left  
21-22-23-24    Step right to right, kick left to left, step left to left, touch right beside left

## **¼ SHUFFLE, STEP PIVOT ½ STEP FORWARD, STEP PIVOT ¼ STEP FORWARD**

25&26          Making ¼ right shuffle forward right, left, right  
27-28-29      Step forward on left, pivot ½ right transferring weight to right, step forward on left  
30-31-32      Step forward on right, pivot ¼ left, step forward on right

## **FORWARD ROCK RETURN, STEP BACK KICK, BACK ROCK RETURN, SHUFFLE FORWARD**

33-34-35-36    Rock/step forward on left, rock back on right, step back on left, kick right forward  
37-38-39&40    Rock/step back on right, rock forward on left, shuffle forward right, left, right

## **STEP PIVOT ¼, STEP PIVOT ¼, STOMP HOLD, STEP SWEEP**

41-42          Step forward on left, pivot ¼ right transferring weight to right  
43-44          Step forward on left, pivot ¼ right transferring weight to right  
45-46          Stomp forward on left, hold  
47-48          Step forward on right, sweep left around to front

## **WEAVE RIGHT, CROSS ROCK RETURN, ¼ ROCK RETURN**

49-50-51-52    Step left across right, step right to right, step left behind right, step right to right  
53-54          Cross/rock left over right, rock back on right  
55-56          Making ¼ left rock/step forward on left, rock back on right

## **COASTER BACK, STEP HOLD, STEP PIVOT ½, STEP TOUCH**

57&58          Step back on left, step right beside left, step forward on left (coaster)  
59-60          Step forward on right, hold  
61-62          Step forward on left, pivot ½ right transferring weight to right  
63-64          Step forward on left, touch right beside left

## **REPEAT**

## **ENDING**

**Dance to count 60 (you will be facing the front) and then**

1-2-3-4          Step left forward, scuff right forward, stomp, hold

