Open Season (On My Heart)!

級數: Intermediate

編舞者: Stephen Paterson (AUS)

拍數: 32

音樂: Open Season On My Heart - Tim McGraw

ROCK, RECOVER, QUARTER, CROSS, SIDE, BEHIND, QUARTER

- 1-2 Step forward onto right, rock back onto left in place
- &3 Turning 1/4 right step right out to side, step left over right
- &4 Step right out to side, step left behind right
- & Turning 1/4 right step right forward with knee bent

RECOVER, HALF, HALF, COASTER CROSS

- 5 Pushing off with right rock back onto left in place
- 6-7 Turn ½ right step forward onto right, turn ½ right step back onto left
- 8&1 Step back onto right, step left beside right, step right across left

ROCK, RECOVER, CROSS, QUARTER, QUARTER

- &2 Step left out to side (&), recover onto right in place
- &3 Step left across right, turn 1/4 left step back onto right
- 4 Turn 1/4 left step left out to side

SWAY, SWAY, TOGETHER, SIDE, ROCK, RECOVER

- 5-6 Rock weight onto right foot in place, recover weight onto left in place
- &7 Step right beside left, step left out to side
- &8 Rock right behind left, recover onto left in place

QUARTER, SWEEP, SWEEP, LEFT SAILOR

- & Turn 1/4 left step back onto right
- 1 Sweep left out to left side before stepping back onto left slightly behind right
- Sweep right out to right side before stepping back onto right slightly behind left 2
- 3&4 Step left behind right, rock right out to side, recover onto left in place

BEHIND, QUARTER ROCK, RECOVER, HALF, ROCK, RECOVER

- & Step right behind left
- 5-6 Turn ¼ left rock forward onto left, recover back onto right in place
- & Turn 1/2 left step forward onto left
- 7-8 Rock forward onto right, recover back onto left in place

QUARTER, STEP HALF, SHUFFLE FORWARD

- & Turn ¼ right step right beside left
- 1-2 Step forward left, pivot 1/2 turn right finishing with weight over right
- 3&4 Shuffle forward left-right-left

Restart from here on wall 4

STEP HALF, STEP HALF

5-6 Step forward right, pivot 1/2 turn left finishing with weight over left 7-8 Step forward right, pivot 1/2 turn left finishing with weight over left

REPEAT

RESTART

On wall 4, dance up to count 28, then restart. You will be doing the left shuffle towards the starting wall, then





牆數: 4