Open Arms (Just For You)

拍數: 48　　　　牆數: 4　　　　級數: Improver

編舞者: Wil Curley (CAN)

音樂: Just for You - Lionel Richie

Start dance with left rock forward on "Days"

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, FULL TURN, ROCK FORWARD, RECOVER

1-2	Rock forward on left, recover on right
3-4	Rock back left, recover on right
5-6	Step left forward and full turn right on left foot, end with weight on right
7-8	Rock forward left, recover on right

STEP CROSS BACK, STEP CROSS BACK, ROCK BACK, STEP FORWARD, FULL TURN

9-10	Step back left, cross back right over left
11-12	Step back left, cross back right over left
13-14	Rock back left, recover on right
15-16	Step left forward and full turn right on left foot, end with weight on right

FORWARD PRESS, ½ SWEEP, GRAPEVINE, ROCK BACK, RECOVER

17-18	Rock forward left, push off left
19-20	½ sweep left leg around and cross behind right, step right beside left
21-22	Cross left in front of right, step right beside left
23-24	Rock back left, recover right

FULL TURN, TRIPLE STEP, WALK, WALK, WALK, WALK

25-26	Step left forward and full turn right on left foot, end with weight on right
27&28	Triple step left, right, left
29-30	Step forward right with weight, step forward left with weight
31-32	Step forward right with weight, step forward left with weight

SIDE ROCK, RECOVER, CROSS SHUFFLE, STEP QUARTER TURN, FORWARD SHUFFLE

33-34	Rock to right side with right, recover on left
35&36	Cross shuffle right over left, right over left
37-38	Step to left side on left with weight and quarter turn right on left, step right
39&40	Forward shuffle left, right, left

MONTEREY, ROCK FORWARD, RECOVER, COASTER STEP

41-42	Point right toe out to right side, pivot half turn on left, place right beside left with weight
43-44	Point left toe out to left side, place left beside right with weight
45-46	Rock forward right, recover left
47&48	Step back right, together left, forward right

REPEAT

TAG
Repeat last 16 counts of dance after 4th wall, starting with the side rock, cross shuffle which is count 33 of dance. You will be weighted incorrectly for the tag if you do the coaster step on count 47&48 of 4th wall, so instead do a rock back on right and recover on left, the count being 47,48; then the tag