

# Open Arms

拍數: 24      牆數: 4      級數: Improver waltz  
編舞者: Niels Poulsen (DK)  
音樂: Open Arms - Collin Raye



## LEFT TWINKLE, CROSS, ½ TRIPLE TURN RIGHT

1-3      Cross left over right, step right diagonally forward right, step left diagonally forward left  
4-5&6      Cross right over left, turn ¼ right stepping back on left, turn ¼ right stepping small step right to right side, step slightly forward on left (facing 6:00)

## ROCK FORWARD RIGHT, STEP BACK RIGHT, EXTEND LEFT BACKWARDS OVER 3 COUNTS

1-3      Rock forward on right, recover weight to left, step back on right  
4-6      Keeping weight on right extend (point) left slowly backwards over 3 counts

**Option: stretch your left arm forward slowly to prepare for the ½ turn left (facing 6:00)**

## ½ TURN LEFT, SWEEP RIGHT WITH ½ TURN LEFT, RIGHT TWINKLE

1-3      Turn ½ left stepping onto left, turn another ½ turn left on left sweeping right around over 2 counts (6:00)  
4-6      Cross right over left, step left diagonally forward left, step right diagonally forward right

## STEP FORWARD LEFT, STEP ¼ LEFT, CROSS ROCK RIGHT, STEP RIGHT TO RIGHT

1-3      Square up to 6:00 stepping forward on left, step forward right, turn ¼ left (weight left) (facing 3:00)  
4-6      Cross rock right over left, recover weight to left, step right to right side

## REPEAT

## TAG

**After wall 3 (facing 9:00) and after wall 9 (facing 3:00) add 2 twinkles, then restart:**

1-3      Cross left over right, step right diagonally forward right, step left diagonally forward left  
4-6      Cross right over left, step left diagonally forward left, step right diagonally forward right

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