

Open Arms

拍數: 24 牆數: 4 級數: Improver waltz
編舞者: Niels Poulsen (DK)
音樂: Open Arms - Collin Raye



LEFT TWINKLE, CROSS, ½ TRIPLE TURN RIGHT

1-3 Cross left over right, step right diagonally forward right, step left diagonally forward left
4-5&6 Cross right over left, turn ¼ right stepping back on left, turn ¼ right stepping small step right to right side, step slightly forward on left (facing 6:00)

ROCK FORWARD RIGHT, STEP BACK RIGHT, EXTEND LEFT BACKWARDS OVER 3 COUNTS

1-3 Rock forward on right, recover weight to left, step back on right
4-6 Keeping weight on right extend (point) left slowly backwards over 3 counts

Option: stretch your left arm forward slowly to prepare for the ½ turn left (facing 6:00)

½ TURN LEFT, SWEEP RIGHT WITH ½ TURN LEFT, RIGHT TWINKLE

1-3 Turn ½ left stepping onto left, turn another ½ turn left on left sweeping right around over 2 counts (6:00)
4-6 Cross right over left, step left diagonally forward left, step right diagonally forward right

STEP FORWARD LEFT, STEP ¼ LEFT, CROSS ROCK RIGHT, STEP RIGHT TO RIGHT

1-3 Square up to 6:00 stepping forward on left, step forward right, turn ¼ left (weight left) (facing 3:00)
4-6 Cross rock right over left, recover weight to left, step right to right side

REPEAT

TAG

After wall 3 (facing 9:00) and after wall 9 (facing 3:00) add 2 twinkles, then restart:

1-3 Cross left over right, step right diagonally forward right, step left diagonally forward left
4-6 Cross right over left, step left diagonally forward left, step right diagonally forward right
