

# Oops!

拍數: 0                      牆數: 2                      級數:  
編舞者: Jean Greenman  
音樂: Hit 'Em up Style (Oops!) - Blu Cantrell



Sequence: INTRO, A, A-, INTRO, A, A-, B, A-, C, B, A, A, B

## INTRO

### HEAD ROLL., KNEE POPS, FLASH HANDS

- 1-4                      Roll head ½ moon left from down to up  
5-8                      Knee pops right, left, right, left while using flash hands left, right, left, right (hands and knees opposite each other)

After you are used to the music, you will find that you could do 1-8 again if you start right at the beginning of the song

## PART A

- 1-2                      Rock forward on right, rock back on left  
3&4                      Coaster step right, left, right  
5-6                      Rock forward on left, rock back on right  
7&8                      Coaster step left, right, left

## STEP, ROCK, VINE

- 9-10                      Step right foot out to right side, return rock left  
11&12                      Cross right foot behind left, step left foot to side, bring right foot over left  
13-14                      Step left foot out to left, twist body ¼ to left while rocking back on right foot  
15&16                      Step back left, right, ½ turn right ending with weight on left foot (facing right wall)
- 17-18                      Cross right foot over left with a rock step right, left  
19&20                      Right out to right side, rock step right, left  
21-22                      Cross right over left with a rock step right, left  
23&24                      Triple step right, left, right while making a ½ turn to the right (facing left wall)

Counts 1-24 are A-

- 25-26                      Cross left foot over right with a rock step left, right  
27&28                      Step left foot to left side, rock step left, right  
29-30                      Cross left foot over right with a rock step left, right  
31&32                      Triple-step left, right, left while making a ¾ turn to the left (facing front wall)

## TOE TURNS

- 33-34                      Step right foot back onto ball of foot (keep heel off floor)  
35&36                      Turn ½ turn right switching weight to left foot, triple forward left, right, left  
37-40                      Repeat 33-36
- 41-44                      Repeat 33-36 again  
45-46                      Step forward on right foot, pivot ¼ left  
47&48                      Cross right foot over left, step out on left and cross right over left
- 49-50                      Step left foot back onto ball of foot (keep heel off floor)  
51&52                      Turn ½ turn left switching weight to right foot, triple forward right, left, right  
53-56                      Repeat 49-52
- 57-60                      Repeat 49-52 again

61-62 Step forward on left foot, pivot right ¼ turn  
63&64 Cross left foot over right, step out on right, cross left foot over right

65-66 Step out on right while bump to the right, then bump left  
67-68 Bump right twice  
69-70 Bump left twice  
71-72 Bump right, bump left

**This is the end of Part A. Counts 65-72 are B**

**PART C  
BREAK**

1-4 Right arm fans out  
5-8 Left arm fans out

9-12 Bring both arms down  
13-16 Right arm wrap around top left side of your head, spin left one full turn

17-20 Cross right over left to spin around and unwind  
21&22 Roll arms away (like Patty Cake)  
23-24 Roll arms toward yourself

25-28 Push palms forward and bring arms down  
29-32 Step left foot out to left side, slide right foot to left (travel)

33-36 Turn both toes outward, turn both toes inward  
37-40 Repeat 33-36 moving to the right

**Feet should end up pointing forward**

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