

Oops!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Myriam Charlton (CAN)
音樂: Hit 'Em up Style (Oops!) - Blu Cantrell



4 CROSS WALKS, SIDE, TOGETHER, CROSS, SKATE ½ TURN LEFT, SKATE ½ TURN RIGHT

- 1-2 Cross right foot over left foot, cross left foot over right
3-4 Cross right foot over left foot, cross left foot over right (funky or jazz walk)
&5-6 Step right foot to the right side heel off the floor on a rise angling your body to the left corner, bring left foot beside right also on a rise, (both arms up on count 5, palms facing up), cross right foot over left foot (arms come down on count 6)
7-8 Skate with left foot turning ½ turn left to face back wall, skate with right foot turning ½ turn right to face front wall

A jazz walk is done by moving opposite shoulder forward

SYNCOPATED WALK AROUND ¾ TURN RIGHT, SIDE, CROSS BACK, UNWIND A FULL TURN LEFT

- &1-2-3-4 Step in place on left foot (arms are down), walk forward and around ¾ turn, stepping right-left-right to face 9:00 wall, cross left foot over right foot
5-6-7-8 Step right foot to the right side (right arm extends to the right on count 5, palm facing forward, fingers apart), cross left foot behind right foot, bending knees (left arm goes up on count 6, palm facing forward, fingers apart) With knees still bent, unwind a full turn to the left for 2 counts (both arms slowly moving down during the turn)

UNWIND ¼ TURN RIGHT, BACK, BACK, TOE & TOE & HEEL, TOE, STEP, HEEL

- &1-2 Unwind ¼ turn to the right (&), to face front wall, step back on the right foot, step back on the left foot
3&4 Touch right toe to the right side (both arms moving to the left, opposite direction, knees are bent, fingers pointing to the floor, look down), step right foot beside left foot, touch left toe to the left side (both arms moving to the right, opposite direction, look down)
&5-6 Step left foot beside right foot, angling body to the right corner, touch right heel forward, body leaning back, looking up (bring left arm up, left palm facing left ear on count 5, right arm down, fingers pointing to the floor), touch right toe to the back, body leaning forward, looking down (bring right arm up on count 6, right palm facing right ear on count, left arm down, fingers pointing to the floor)
7-8 Angling body back to center, step right foot beside left, angling body to the left corner touch left heel forward (right hand moves over and behind head in a hair brushing motion on counts 7-8, left arm is down)

& CROSS & CROSS, LUNGE LEFT, LUNGE RIGHT, ½ TURN TRIPLE LEFT, TOUCH, ¾ TURN PIVOT

- &1 Angling body back to center, step left ball of foot behind right foot, cross right foot over left foot
&2 Step on left ball of foot, cross right foot over left foot (right arm comes down slowly)
3-4 Step a big step to the left on the left foot putting whole body weight on it, step a big step to the right on the left foot putting whole body weight on it
5&6 Cross left foot behind right making ½ turn left, step right foot to right, cross left foot over right. You should be facing back wall
7-8 Touch right toe to the right side, pivot ¾ turn right on left foot as you slide your right toe to end up crossed over left foot (ankle hook position) You are now facing new wall (3:00)

REPEAT

TAG

After the 3rd repetition, 4th wall

STEP, LOCK, STEP, LOCK, STEP, LOCK, STEP, ½ TURN LEFT PIVOT

- 1& Step forward on the right, lock left behind right
- 2& Step forward on the right, lock left behind right
- 3& Step forward on the right, lock left behind right
- 4& Step forward on the right, pivot $\frac{1}{2}$ turn left as you hook your left over your right knee, weight ending on the right foot

STEP, LOCK, STEP, LOCK, STEP, LOCK, STEP, $\frac{1}{2}$ TURN RIGHT PIVOT

- 5& Step forward on the left, lock right behind left
 - 6& Step forward on the left, lock right behind left
 - 7& Step forward on the left, lock right behind left
 - 8& Step forward on the left, pivot $\frac{1}{2}$ turn right as you hook your right leg over your left knee, weight ending on the left foot
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