

Ooh La La

拍數: 64 牆數: 4 級數: Improver
編舞者: Barry Durand (USA)
音樂: Ooh La La - Valeria



Salsa Forward Back Basic

1-4 Rock forward left, recover right, in place left, hold
5-8 Rock back right, recover left, step together right, hold

RIGHT TURN BASIC

1-4 Step forward left, turn ½ right stepping on right, turn ½ turn right stepping left together, hold
5-8 Rock back right, recover left, step together right, hold

JAZZ BOX SWEEP

1-4 Cross left over right, step back right, step side left, sweep right
5-8 Cross right behind left, step side left, forward right, hold

PIVOT TURN SWEEP

1-4 Step forward left, hold, stationary pivot to right turning ½ turn right and step on right, hold
5-8 Turn ½ turn right by keeping weight on right, hold, sweep left behind while turning ½ turn to right, hold

SALSA BOX

1-4 Side left, together right, side left ¼ turn right, hold
5-8 Side right, together left, side right ¼ turn right, hold
1-4 Side left, together right, side left ¼ turn right, hold
5-8 Side right, together left, side right ¼ turn right, hold

SUZIE Q VINE AND HOLD

1-4 Twisting motion by crossing left over right step, step together left while twisting to left, cross left over right with twist, hold
5-8 Twisting motion by crossing right over left step, step together right while twisting to right, cross right over left with twist, hold
1-4 Cross left over right, hold, side right, cross behind left
5-6 Turn ¼ to right and step on right foot, hold
7-8 Hold

REPEAT