

Ooh La La

拍數: 48 牆數: 2 級數: Improver
編舞者: Ann Thomson-Buhler (AUS)
音樂: Baby (You Got What It Takes) - Brook Benton



TOE/HEEL, TOE/HEEL, SIDE ROCK, BACK ROCK, BACK ROCK, SIDE ROCK

1st 4 counts angle body 45 degrees right

1-2-3-4 Step right toe right, drop right heel, cross/step left toe over right, drop left heel
5-6 Rock/step forward 45 degrees on right, rock/step back onto left
7-8 Rock/step right behind left, rock/step forward on left

TOE/HEEL, PIVOT, STEP BACK, STEP FORWARD, TOE/HEEL, TOE/HEEL

1-2-3-4 Step right toe to right, drop right heel, pivot & angle body left, step left behind right, rock onto right
5-6-7-8 Step left toe left, drop left heel, cross/step right toe over left, drop right heel

SIDE/ROCK, BACK/ROCK, BACK/ROCK, SIDE ROCK

1-2 Rock/step left on left, rock/step back onto right
3-4 Rock/step left back behind right, rock/step right forward
5-6-7-8 Step on left toe, drop left heel (angle body right), step right behind left, rock onto left

PIVOT ½ TURN LEFT, STEP, STEP FORWARD, PIVOT ½ TURN RIGHT, STEP, STEP FORWARD

1&2 Step forward right, pivot ½ turn left, transfer weight left, step forward right
3&4 Step forward left, pivot ½ turn right, transfer weight right, step forward left

STEP, SWIVEL, HOLD, STEP, SWIVEL, HOLD

1-2-3-4 Step forward right, swivel heels to right, swivel heels to center, hold for one count
5-6-7-8 Step forward left, swivel heels to left, swivel heels to center, hold for one count

STEP FORWARD, TURN, STEP FORWARD, TURN

1-2-3-4 Step forward right, pivot ¼ turn left, step forward right, pivot ¼ turn left
5-16 Repeat last 12 steps

ROCK FORWARD, STEP BACK, ROCK BACK, STEP FORWARD, FORWARD ½ TURN, STEP, STEP

1-2-3-4 Rock forward right, step back left, rock back right, step forward left
5-6-7-8 Step forward right a ½ turn left, transfer weight left, step on right, step on left (on the spot)

REPEAT

RESTART

Restart dance on 3rd & 4th walls after count 28
