

Ooga Chaka

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 4 級數: Improver
編舞者: Derek Steele (USA)
音樂: Dancing Baby - Trubble



This dance goes out to "LIZ" and "CHARLENE" and of course the original Dancing Baby "MY MOM"

ROCK FORWARD AND BACK, STEP, SPIN, LEFT SHUFFLE, HIP PUMPS

1&2 Rock forward on right, recover back on left, rock back on right
3-4 Step forward on right, spin a full turn on ball of right
5&6 Step forward on left, step together on right, step forward on left
7&8& Touch right forward on 45, while pumping right hip forward, back, forward and back

RIGHT COASTER, HIP PUMPS, LEFT COASTER, ¾ SWEEP

1&2 Step right back, step left back, step right forward
3&4& Touch left forward on 45, while pumping left hip forward, back, forward and back
5&6 Step left back, step right back, step left forward
7-8 Touch right forward, sweep right toe ¾ turn to right on ball of left

RIGHT SHUFFLE, LEFT SHUFFLE, WASHING MACHINE

1&2 Step right forward, step left together, step right forward
3&4 Step left forward, step right together, step left forward
5&6 Bring right together while bumping hips to the right in a circle starting with 3:00, and ending
&7&8 At 12 O'clock (like the agitator in the washing machine)

SCOOT BACK, HIP PUMPS, RIGHT SAILOR

&1&2 Scoot back on ball of left, swing right foot back, scoot back on ball of right, swing left foot back
&3&4 Scoot back on ball of left, swing right foot back, scoot back on ball of right, step back on left
5&6& Touch right forward on 45, while pumping right hip forward, back, forward and back
7&8 Step right behind left, step left foot to left, step right foot to right

HIP PUMPS, LEFT SAILOR, RIGHT VINE

1&2& Touch left forward on 45, while pumping left hip forward, back, forward and back
3&4 Step left behind right, step right foot to right, step left foot to left
5-8 Step right foot to right, step left behind right, step right foot to right, step left beside right

REPEAT
