

Ooga Cha Cha

COPPER KNOB
BY STEPHEN METZ

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Jennifer Kinsey (UK) & Rachel Kinsey (UK)
音樂: Hooked On A Feeling - Blue Suede



Sequence: Section A is danced twice, where the music fades, and then changes, then Section B is started and done until the music fades again, at this point Section A is danced again until the music changes again, when section B is danced until the music finishes.

The dance begins after 26 beats, but it is recommended that after 24 beats there are 2 claps, to help mark the beginning of the dance.

SECTION A

CROSS, STEP, BEHIND, STEP, RECOVER, TRIPLE STEP

1-2 Step left foot across right, step right foot to side
3-4 Step left foot behind right, step right foot to side
5-6 Rock forward onto left foot, recover
7&8 Left triple step- step left, right, left

CROSS, SIDE, BEHIND, SIDE, ROCK, RECOVER, SHUFFLE ½ TURN

1-2 Step right foot across left, step left foot to side
3-4 Step right foot behind left, step left foot to side
5-6 Rock forward onto right foot, recover
7&8 Shuffle ½ turn- step right foot to side doing a ¼ turn and step left foot in place, step right foot to side doing a ¼ turn

STEP ¼ TURN, STEP ¼ TURN, STOMP, STOMP

1-2 Step forward onto left foot, pivot ¼ turn
3-4 Step forward onto left foot, pivot ¼ turn
5-6 Stomp left foot forward, stomp right foot forward

SECTION B

GRAPE VINE SCUFF, SIDE SHUFFLE, SAILOR STEP

1-2 Step right foot to side, step left foot behind right
3-4 Step right foot to side, scuff left foot
5&6 Step left foot to side, step right next to left, step left foot to side
7&8 Sailor step- step right foot behind left, step left foot to side, step right foot next to left

FORWARD MAMBO STEP, BACK MAMBO STEP, HIP, HIP, COASTER STEP

1&2 Mambo step- rock forward onto left foot, recover, bring left foot home
3&4 Mambo step- rock back onto right foot, recover, bring right foot home
5-6 Bump right hip forward twice
7&8 Coaster step-step back onto left foot, bring right foot home, step forward onto left

STEP, TURN, JUMP, CLAP, ROCK STEPS*, STOMP, STOMP

1-2 Step forward onto right foot, pivot ¼ turn
&3-4 Jump (feet slightly apart) forward, clap
5-6 Rock forward on right foot, recover doing a ¼ turn
7-8 Rock back on right foot, recover doing a ¼ turn

There is a more difficult alternative to the rock steps

5&6& Rock forward on right foot, recover doing 1/8 turn right, rock back on left foot, recover doing 1/8 turn right

7&8& Rock forward on right foot, recover doing 1/8 turn right, rock back on left foot, recover doing 1/8 turn right

9-10 Stomp right foot next to left twice

SIDE SHUFFLE, STOMP, STOMP, WALK, WALK

1&2 Side shuffle- step right foot to side, step left next to right, step right foot to side

3-4 Stomp left foot twice

&5-6 Rock back onto left foot, walk forward left, right

ROCK & CROSS, ROCK & CROSS, STEP ½ TURN, STEP ½ TURN

1&2 Rock to side on right foot, recover, step right foot across left

3&4 Rock to side on left foot, recover, step left foot across right

5-6 Step right foot forward, pivot ½ turn

7-8 Step right foot forward, pivot ½ turn
