

Only You 2nd Option

拍數: 32
編舞者: Sebastiaan Holtland (NL)
音樂: Only You - Lemonice

牆數: 4

級數: Improver west coast swing



SYNCOPATED ROCKING CHAIR ¼ TURN, SYNCOPATED ROCKING CHAIR, TOUCH BACK ½ TURN LOCK STEP

- 1&2& Rock right foot across left, recover onto left foot, turn ¼ left and rock right foot back, recover onto left foot
- 3&4 Rock right foot across left, recover onto left foot, step right foot back (9:00)
- 5-6 Touch left foot back, turn ½ left (weight to left, 3:00)
- 7&8 Step right foot forward, lock left foot behind right foot, step right foot forward (3:00)

SYNCOPATED ROCKING CHAIR ¼ TURN, SYNCOPATED ROCKING CHAIR, TOUCH BACK ½ TURN LOCK STEP

- 9&10& Rock left foot across right, recover onto right foot, turn ¼ right and rock left foot back, recover onto right
- 11&12 Rock left foot across right, recover onto left foot, step left foot back (6:00)
- 13-14 Touch right foot back, turn ½ right (weight to right, 12:00)
- 15&16 Step left foot forward, lock right foot behind left foot, step left foot forward (12:00)

WALK WALK STEP ¼ TURN BACK ROCK SIDE, KICK BALL CROSS HOLD ½ SPIN TURN OUT OUT

- 17-18 Step right foot forward, step left foot forward
- 19&20 Turn ¼ right and rock right foot behind left foot, recover onto left foot, step right foot to side (3:00)
- 21&22 Kick left foot forward, step left foot together, step right across left
- 23-24 Unwind ½ turn left and step right to side, step left to side (9:00)

KICK AND KICK AND CROSS ½ TURN BEND KNEES OUT OUT ½ SPIN TURN OUT OUT

- 25&26& Kick right foot diagonally forward, step right together, kick left foot diagonally forward, step left together
- 27-28 Step right foot across left, unwind ½ left (3:00)
- &29 Step right slightly forward, step left together

Bend your knees

- &30 Step right to side, step left to side
- 31& Step right across left
- 32 Unwind ½ and step right to side, step left to side (9:00)

REPEAT
