

Only You

拍數: 32 牆數: 4 級數: Improver nightclub
編舞者: Gerard Murphy (CAN)
音樂: Only You (feat. Cliff Richard) - Sarah Brightman



FORWARD, ROCK RECOVER, ¼ SIDE, CROSS ROCK SIDE, CROSS ROCK SIDE, CROSS

1-2& Step right forward, rock forward onto left, recover onto right
3-4& Making ¼ turn left, make a long step left to left, rock step right over left, recover onto left
5-6& Long step right to right, rock step left over right, recover onto right
7-8 Step left to left, cross step right over left

SIDE, BEHIND ROCK, SIDE, BEHIND ROCK, SIDE, BEHIND, ¼ TURN STEP, STEP, FORWARD, ROCK RECOVER

1-2& Long step left to left, rock step right behind left, recover onto left
3-4& Long step right to right, rock step left behind right, recover onto right
5-6& Step left to left, step right behind left, making a ¼ turn left, step left forward
7-8& Step right forward, rock forward onto left, recover onto right

STEP BACK, COASTER STEP, SIDE ROCK RECOVER CROSS, SIDE ROCK RECOVER CROSS, STEP (BUMP)

1-2&3 Step back onto left, coaster step: right, left, right
4&5 Rock left to left, recover onto right, cross step left over right
6&7 Rock right to right, recover onto left, cross step right over left
8 Step left to left, while bumping hips to left

BUMP, SIDE SHUFFLE ¼ TURN LEFT, STEP FORWARD, ½ PIVOT LEFT, SHUFFLE FORWARD, STEP

1 Bump hips to right (shifting weight to right)
2&3 Side shuffle to left making a ¼ turn left: left, right, left
4-5 Step forward onto right, pivot ½ turn left (shifting weight to left)
6&7 Shuffle forward: right, left, right
8 Step left forward

REPEAT
